

“Sound Off”

The Family Newsletter for
American Legion Post 146
1617 Mission Ave
Oceanside, CA 92058-2734
Phone 760-754-9633
FAX 760-433-1046
Vol. XXVIII, No.3, September 2016
Website: www.legionpost146.org

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OCEANSIDE, CA
PERMIT 207



”For God and Country”

Next meeting: 0900 (9am) September 17th, 2016

Come Early for Breakfast put on by the Post
from 730am to 845am, \$8.

Post Pot: The name drawn for July was **Anthony Sargent**. **Anthony** was not at the meeting to win the \$30. Post Pot for August will be \$40. **You must be present to claim your prize.**

Harbor Days is September 24th & 25th this year. We will be having a food handlers training class on September 3 at 1000 am in the VANC building. You must have a food handler’s card to work in the booth. Volunteers are needed. Contact Bianca Wylie, **703-507-3792** or e-mail **Bianca.wylie@yahoo.com**.

Happy Birthday to our Brothers and Sisters who were born the month of September.

- | | | | |
|------------------------|------------------------|--------------------------|------------------------|
| 1 Carlos M. Bagoisan | 1 Frank Solimine | 2 Lawrence J. De Angelis | 2 Kenneth A. Hacker |
| 2 Robert A. Moulton | 4 Harvey S. Wright | 4 Neil Bissonnette | 5 Michael J. Finn |
| 5 John H. Lusignan | 6 Jonh D. Adsit | 6 Samuel Brookins III | 6 James Doyle |
| 7 Jose (Joe) Kircher | 8 Cathy Nykiel | 8 Gerald A. Kreuser | 9 Jeffrey A. Inglehart |
| 9 Vicki Ford | 9 Rudolph J. Caron | 9 Ted J. Vogt | 9 Paul Russo |
| 10 Thomas Seth Frye | 10 Dan Schreckhise | 11 Earle Ford | 11 Leonard Kiolbasa |
| 12 Douglas Campbell | 12 Jack D. Fitch | 13 John J. Gartland | 17 James Roderigues |
| 18 Martin Maciejewski | 19 Edmund W. Dominguez | 19 Milton Gilmore Jr. | 20 Irving Cohen |
| 20 Jerry L. Nuanez | 20 Jack W. Valensky | 20 Paul Ingham | 21 Joseph T. Gallagher |
| 22 George F. Melnechuk | 23 William R. Adams | 23 Robert C. Nutting | 24 Donald J. McKay |
| 27 Mitchell P. Morgan | 28 Raymond G. Spangler | 28 Malvin J. Parr | 29 John H. Cline |
| 30 Carl E. Otey | 30 Charles Berridge | | |

American Legion Post 146 Officers

Commander	Anthony (Tony) Azares	760-212-8533	commander@legionpost146.org
1 st Vice Commander	Dave A. Pines	760-207-6794	davepines@mac.com
2 nd Vice Commander	Ken Derr	760-272-5941	capndirt1@cox.net
Judge Advocate/ Service Officer	Charles T. Atkinson	760-941-4712	catkinsonE9@gmail.com
Sgt.-At-Arms	Rudolph (Rudy) J. Caron	760-473-6156	caronj7@cox.net
Adjutant/Finance Officer/Editor	Edd Robinson	760-433-1165	adjutant@legionpost146.org
Chaplain	James Greer	760-612-7125	Rev.JamesGreer59@gmail.com
Assistant Chaplain	Jack W. Moreno	760-855-7996	Amlegpost146info@aol.com
Historian	Vacant		
3 Yr. Executive Committee	Robert E. Noble	760-806-4886	brbuds3@att.net
2 Yr. Executive Committee	Lee Brunson	760-586-2897	leepaulabrunson@gmail.com
1 Yr. Executive Committee	Felipe Rodriguez	760-805-4428	saintjohn1513@yahoo.com
Jr. Past Commander	Kevin Johnstone	760-801-9000	kevinjohnstone@mac.com
Webmaster	David Kauppinen	760-639-0728	subvet346@cox.net
Harbor Days Chair	Bianca Wylie	703-507-3792	bianca.wylie@yahoo.com
Boys State/School Medals/JROTC/Blood Chair		760-721-56-21	Frank Zugaj

Postal Compliance Notice: “Sound Off!” Is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL’s VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the “Sound Off!” Editor at: 1617 Mission Ave.; Oceanside, CA 92058-2734 or adjutant@legionpost146.org. **Anyone wishing to add articles Please send in word format.**

Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website www.legionpost146.org. We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant adjutant@legionpost146.org and tell him your E-mail address. The newsletter is also available at our Website www.legionpost146.org. This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

Meetings

Post 146 meets every 3rd Saturday of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. 92058-2734. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at www.legionpost146.org. The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

District 22 meets 0900 @ Linda Vista Post 731 on October 9th. Come early for Breakfast. **District 22,** <http://www.legionsd.org/>

Get involved with Post 146 www.legionpost146.org

Post Commander

Summer is slowly coming to a close and that means Harbor Days is soon upon us on the 24th and 25th of September.

We will be rehabbing our Harbor Days booth in the parking lot of the VANC building on the 3rd of September at 9am and at 1030am, Bianca Wylie will be holding a food handlers class in the VANC building for all of those who are interested in helping at Harbor Days or for working in the Kitchen at VANC.

Join us at El Camino High School on the 9th as we will be there for their flag raising ceremony.

We are heading full speed into the 2017 membership drive, remember our membership is the biggest fundraiser we have and that allows the American Legion to support their many programs.

We are currently looking for a historian to document our post history, please contact either myself or Edd Robinson.

Tony Azares, Commander

Computer Corner:

In our homes, the Internet of Things (IoT) refers to electrical devices with on-off switches or sensors that can be controlled by a computer or smart phone from local or remote locations. Examples include lighting, entertainment systems, security systems, baby monitors, medical devices, garage doors, heating and air conditioning, and appliances. The goal is to enhance the customer experience and add value to our lives. However, data about our behavior is sent from these products to the respective companies and that can create security and privacy issues. Recently, Bitdefender tested one of these IoT devices called a “Smart Plug” which is inserted into an electrical outlet in order to control any device that is plugged into it. This particular Smart Plug used an App downloaded onto a smart phone. That App had security flaws that would allow a hacker to gain access to a home network to control devices and steal the user's email password. The manufacturer is currently working on a fix. If you plan on going the IoT route in your home, then there are a few things you can do to avoid this pitfall: do extensive research on the product, read the privacy statement, test the device thoroughly to understand its use, change the default password during setup, ensure firmware is kept up-to-date, and consider installing a “IoT home security device” like Cujo, Dojo, F-Secure Sense, or Bitdefender Box. One final note, the anti-virus and anti-malware software on your computer or phone will not protect all those IoT devices in your home.

David Kauppinen, Post 146 Webmaster



Cub Scout Pack 7146 Update

Hello American Legion Post 146,

We would like to give you a quick update on our exciting month. First off, the scouts enjoyed a memorable time spent at the Lost Valley Summer Camp this past summer. They got to experience activities such as: rock climbing, horseback riding, swimming, and archery etc. Got to learn about water safety too. We also hosted our first Cub Scout Olympics at Alamosa Park! The scouts had an awesome time competing and earning medals. Our pack competed with one other pack, and pack 7146 won the relay race trophy!

Cyryl Gervacio, Committee Secretary

Membership

Our 2017 membership cards are in. Please send in your \$45 dues as soon as you can or renew on line today. Please note active duty or National Guard member your dues are \$35 you must mail your check to the Post to get your discount.

American Legion Auxiliary Unit 146

“In the wake of Terrorism, Comes Sacrifice, Gratitude, and Hope for the Future.... 15 years later we remember the victims of the Sept. 11, 2001 terrorist attacks on the World Trade Center and the Pentagon, and honor our heroes who continue the fight against terrorism.” This is taken from the August 2016 issue of our Auxiliary magazine. Please join Unit 146 on **September 9th** while we honor our own:

7:15 at El Camino High School Flag Raising Ceremony. This flag was flying on the battle fields of Iraq, and is proudly displayed every year at El Camino High School by the ECHS JR ROTC.

We will be gathering at the Oceanside Police Department and presenting the 49 of our officers with Appreciation Bags filled with goodies and a special Thank you for your Service Key Fob. (Will send you an email later on time)

Kim & David Crone will be taking the FLAG down to Station 7 to post the COLORS sometime that afternoon/evening as they do every year.

We all have our ways of REMEMBERING and HONORING our 1st responders. Please take time out of your day to give back. Being kind takes no energy and makes one feel so wonderful.

Studies show:

MILITARY PRIDE: 96% who served on active duty in their post-9/11 are proud of their service.

POST-TRAUMATIC STRESS DISORDER: nearly 4 out of 10 (37 %) of post 9/11 veterans say they suffer from PTSD.

SACRIFICING PERSONAL LIVES: 83 % of all Adults believe that military service members, as well as their families, have had to make a lot of sacrifices in the wake of the 9/11 attacks.

LEGION FAMILY MEMBERS HONOR 9/11 VICTIMS: Each year Oceanside 146 HONORS and REMEMBERS with events. I am honored to be part of such a special FAMILY, and blessed to serve our Veterans and their families. **“FOR SERVICE NOT SELF”**



Mary Thorsten, President ALA 146 Oceanside

Women Veterans

VA Advisory Committee on Women Veterans site visit in San Diego from September 19-23, 2016 and the Women Veterans Town Hall meeting will be on Friday, September 23, 2016, 10:00 a.m. to 12:00 p.m. At San Diego Marriott La Jolla, 4240 La Jolla Village Dr. Women Veterans and those who provide services to women Veterans are encouraged to attend.

For information contact Jennifer Roberts, Womens Veterans Program Manager at: Jennifer.roberts8@va.gov

SAL Squadron 146 Officers

Commander	David Crone	760-415-8127	1975dckc@gmail.com
1 st Vice Commander	Dave A. Pines	760-207-6794	davepines@mac.com
Adjutant/Finance Officer	Edd Robinson	760-433-1165	adjutant@legionpost146.org
Sgt-at-Arms	Ken Derr	760-272-5941	capndirt1@cox.net

I would like to start off by welcoming two new members to the SAL's. Clay Leaf, sponsored by his father, Navy, WWII, Korea and Vietnam, Chosin Reservoir Corpsman, past Post Commander, Idyllwild and Riverside Posts, Past District Commander Riverside and Toby Crone, sponsored by his grandfather, Marine Corps, WWII, Korea, Vietnam.

The Squadron in cooperation with the Auxiliary donated 10 backpacks and school supplies to Nichols Elementary school.

The Squadron also assisted the Auxiliary in the fundraising breakfast prior to the monthly meeting in August.

As always, please keep the SAL's in mind when you are talking to your eligible relatives and friends. We have increased our Roster, but still need more members who can participate in activities supporting the Post, Veterans and our community.

Yours in service, David Crone, Commander Squadron 146

AMERICAN LEGION RIDERS, CHAPTER 146 Officers

President:	Ken Derr	760-272-5941	capndirt@cox.net
Vice President:	Dave Hamilton	760-583-5312	Dhamilton9@cox.net
Secretary:	Brenda Derr	619-322-5875	bgallo@cox.net
Treasurer:	Raymond Arnold	760-433-5576	Raymondarnold@yahoo.com
Chaplain:	Dan Rose		
Sgt at Arms:	Chuck Potter	760-414-6650	cpotterpi@cox.net
Historian:	Vacant		
Road Captain:	James Lansberry	760-445-0713	seljelcal@sbcglobal.net

The riders continue to proudly serve our veterans.

Aug 24th the Riders attended Carl Ashers Memorial at Post 149.

Sept 16 is National POW/MIA Day at the Navy Hospital on Camp Pendleton

Sept 17 is Jake Jacobson's Memorial Poker Run at Post 149

Sept 30-Oct 2 Brenda and I will be in Tombstone, AZ, for the Legion of the Silver Rose induction ceremony.

Sept 15 Brenda and I will be Post 716 Los Alamitos, CA, for the Legion of the Silver Rose induction ceremony.

Toys 4 Tots is coming together. Vendors have been contacted and we are soliciting raffle prize donors. The event is scheduled for November 6th at Kennedy's Custom Cycles. Last year we had about 400 motorcycles show up and donate 1000 toys to the Marine Corps Reserve Toys4Tots program.

Respectfully submitted, Kenneth Derr, President ALR 146

OCEANSIDE ELKS LODGE 1561

Volume 73
Number 6

OCEANSIDE, CALIFORNIA

444 Country Club Lane (near I-5 and Mission Ave.)
(760) 433-1561 Lodge with RV Lot 1.3 Miles to the Beach

September 2016

LABOR DAY BBQ

**Monday September 5th
11:00am to 4:00pm**

**Music Entertainment
"Gene & Wendy"
Music 12:00-4:00**

**Fried Chicken, Hamburgers, Hot Dogs, Macaroni,
Homemade Potato Salad, Baked Beans & Dessert**

\$12 per Adult \$6 per Child (12 & under)

**Please RSVP
Phone: (760)433-1561
Email: frontdesk@1561.sdcoxmail.com**



September 2016

Afternoon Tea Fundraiser
celebrating
*The Language
of Flowers*

Sunday, October 2, 1:00 p.m.

**Civic Center Plaza • 300 North Coast Hwy. • Oceanside
\$35 per person**

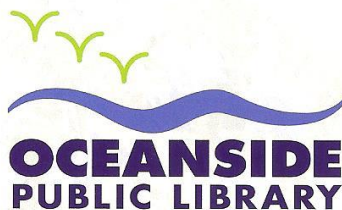
Offering a scrumptious menu and teas,
entertainment, silent auction,
and opportunity drawing.

Sponsor or
purchase a
table seating
8 for \$250

Hat Contest!

Tickets on Sale Now

Purchase with cash or check at the Civic Center Library Administration Offices,
or with a credit card at 2016afternoontea.eventbrite.com



330 North Coast Hwy. • Oceanside, California 92054
Information (760) 435-5560 • oplfriends.org • [Facebook.com/OPLfriends](https://www.facebook.com/OPLfriends)

City of Oceanside, Neighborhood Services Department

FREE

Concert in the Park



Saturday Sept. 10th

“Dreadfully Funk” starts @ 2pm

“Fastlane SD” starts @ 3pm

South Oceanside Elem. School, 1806 South Horne Street

MUSIC * FOOD * FUN !



Please come at 2pm and wear **RED** if you want to be in a HEART picture. We will be forming a heart on the field to honor Mr. David Nydegger, retiring Chamber of Commerce Executive Director. David had a BIG HEART for Oceanside, working tirelessly to promote the business community for 18 years!

This picture will be used for marketing purposes for Oceanside Valentine's Week-Feb. 2017



Parks and Recreation
Call us! (760) 435-5041 Fax us! (760) 435-9628
Visit us on the web! www.oceansiderec.com

Want to volunteer or donate? Contact the "Friends of Oceanside Parks" at OPARC@ci.oceanside.ca.us.
Check us out on Facebook!

**Parks
Make
Life
Better!**



City of Oceanside, Neighborhood Services Department & Friends of Oceanside Parks

HERITAGE PARK Fall Festival



Honor our Fire Dept. Day

HERITAGE PARK
220 PEYRI ROAD, 92057

(FREE PARKING BEHIND MISSION SLR)

<http://www.ci.oceanside.ca.us/gov/ns/parks/events/heritagepark.asp>



Saturday, November 12, 2016

12:00pm - 4:00pm

A DAY OF FAMILY FRIENDLY FUN FEATURING:

CHILDREN'S GAMES, CHILI COOK-OFF, & MUSIC!

ADMISSION: FREE!

***Game tickets & food available for purchase day of event!**

*PROCEEDS FROM THIS EVENT WILL BENEFIT THE FRIENDS OF OCEANSIDE'S PARKS (OPARC) A REGISTERED CIVIC-DRIVEN NON-PROFIT FOR THE PURPOSE OF SUPPORTING OCEANSIDE'S PARKS AND RECREATION PROGRAMS AND SERVICES. FOR SPONSORSHIP OPPORTUNITIES, PLEASE CONTACT ETURK@CI.OCEANSIDE.CA.US OR (760) 435-5529.



Call us! (760) 435-5041 Fax us! (760) 435-9628

Visit us on the web! www.oceansiderec.com



**Parks
Make
Life
Better!**



Want to volunteer or donate? Contact the "Friends of Oceanside Parks" at OPARC@ci.oceanside.ca.us.

Check us out on Facebook!