

“Sound Off”

The Family Newsletter for
American Legion Post 146
1617 Mission Ave
Oceanside, CA 92058-2734
Phone 760-754-9633
FAX 760-433-1046
Vol. XXVIII, No.4, October 2016
Website: www.legionpost146.org

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”For God and Country”

Next meeting: 0900 (9am) October 15th, 2016

Come Early for Breakfast put on by the Post Son’s from 730am to 845am, \$8.

Post Pot: The name drawn for July was **Walter Washington**. **Walter** was not at the meeting to win the \$40. Post Pot for August will be \$50.

You must be present to claim your prize.

Membership is due, **PLEASE** get your dues to the Post or renew on-line: <http://www.legion.org/renew>

Happy Birthday to our Brothers and Sisters who were born the month of October.

1 David W. Noland
2 Wilfred Archuleta
4 Marty Hammonds
6 Jerry G. Kohler
8 Richard J. Roberts
10 Marcella Carter
12 Paul K. Robb
14 Fred J. LeFebvre
15 Edward Weil
19 Restituto Serrano Jr.
21 Paul A. Zeigler
23 Walter K. Thompson
25 Jack Bennett
27 Tom Basham
29 David Dyson
31 Terry G. Gibson

2 Steven D. Miller
3 Richard Brydges
5 Patrick K. Connors
6 Timothy J. Edgar
8 Jeffrey Johnson
11 John F. Jennings
13 Ron Des Rosier
14 Laurence H. Peterson
15 James Gilligan
19 Richard E. Flores
22 Frederick O. Snyder
23 Mikel Burroughs
26 Jennifer Armstrong
27 Howard W. Murrey
29 Lee A. Newby
31 Melvin Wilson

2 Jonathan Moore
4 Scott E. Miller
5 Edward L. Robinson
6 Thomas L. Poel
9 E. Charles Adams
12 Philip J. Morales
13 Leif K. Thorsten
14 Joseph Charbonneau
16 Bill Lewis
19 Nicolas Vazquez
22 Allen M. Stevens
24 Earl O. Chaney Jr.
26 Frank J. Paldino
27 James P. Kelly
30 Eric O. Williams

2 Lewis Leach
4 Lindamarie Zugaj
5 Mark M. Kozina
8 David Nydegger
10 Richard Wozniak
12 Sam Caldaronello
13 William White
14 Stephen D. Norton
19 Joseph A. Hauser
20 Ernest Billingsley
22 Felipe Rodriguez
25 LaVern Root
26 Conrad L. Vickery
27 Barbara J. Barrett
30 Bianca E. Wylie

American Legion Post 146 Officers

Commander	Anthony (Tony) Azares	760-212-8533	commander@legionpost146.org
1 st Vice Commander	Dave A. Pines	760-207-6794	davepines@mac.com
2 nd Vice Commander	Ken Derr	760-272-5941	capndirt1@cox.net
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Historian	Vacant		
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2 Yr. Executive Committee	Lee Brunson	760-586-2897	leepaulabrunson@gmail.com
1 Yr. Executive Committee	Felipe Rodriguez	760-805-4428	saintjohn1513@yahoo.com
Jr. Past Commander	Kevin Johnstone	760-801-9000	kevinjohnstone@mac.com
Webmaster	David Kauppinen	760-639-0728	subvet346@cox.net
Harbor Days Chair	Bianca Wylie	703-507-3792	bianca.wylie@yahoo.com
Boys State/School Medals/JROTC/Blood Chair		760-721-56-21	Frank Zugaj

Postal Compliance Notice: “Sound Off!” Is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL’s VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the “Sound Off!” Editor at: 1617 Mission Ave.; Oceanside, CA 92058-2734 or adjutant@legionpost146.org. **Anyone wishing to add articles Please send in word format.**

Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website www.legionpost146.org. We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant adjutant@legionpost146.org and tell him your E-mail address. The newsletter is also available at our Website www.legionpost146.org. This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

Meetings

Post 146 meets every 3rd Saturday of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. 92058-2734. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at www.legionpost146.org. The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

District 22 meets October 9th @ 0900 @ Linda Vista Post 731, located @ 7245 Linda Vista Road, S.D. . Come early for Breakfast. **District 22**, <http://www.legionsd.org/>

Get involved with Post 146 www.legionpost146.org We next meet on October 15th, 2016 @ 0900 breakfast starts at 745am for \$8. 1617 Mission Ave, Ocsd.

Post Commander

Firstly, I would like to thank each and every member and volunteer that helped us with our booth at Harbor Days this year and made it such a success. Special thanks to Kevin Johnstone and Edd Robinson for making sure we did not run out of food. Chuck Atkinson who provided us access to the VANC, was up at the crack of dawn and stayed until the day was done.

Our Sgt at arms Rudy Caron was out in full force talking to Veterans and telling them about the American Legion and one of our great members Mr. Bob Noble who is 92 years young was in the booth slinging hot dogs for hours. It is members like this that contribute to a successful post.

As we look forward this year we have many things coming down the pike such as our membership drive. Some of you may not know this but it is our membership that is our biggest fundraiser which allows us to support veterans and veterans programs, so get out there, talk to other veterans and tell them about the American Legion and the programs that we support not only locally, but nationally.

We are still in need of volunteers to help us with breakfast prep and cleanup on our meeting days, so please step up and help us keep this going because this even though it is just breakfast it is one of our fundraisers.

VANC will be hosting their first annual Oktoberfest on October 15th from 12-4pm and will have beer tasting, German food and music, even if you cannot attend, buy a ticket to make a donation to VANC so that they may continue adding new classes that aid and support our Veterans. Tickets can be purchased online at vancnorthcounty.org 🍷

Tony Azares, Commander

Membership

Our 2017 membership cards are in. Please send in your \$45 dues as soon as you can or renew on line today. Please note active duty or National Guard member your dues are \$35 you must mail your check to the Post to get your discount.

SAL Squadron 146

The Squadron enjoyed assisting the Post in Preparation, setup and take down for Harbor Days

The Squadron also assisted the Post in the fundraising breakfast prior to the monthly meeting.

As always, please keep the SAL's in mind when you are talking to your eligible relatives and friends. We have increased our Roster, but still need more members who can participate in activities supporting the Post, Veterans and our community.

Yours in service, David Crone, Commander Squadron 146

SAL Squadron 146 Officers

Commander	David Crone	760-415-8127	1975dckc@gmail.com
1 st Vice Commander	Dave A. Pines	760-207-6794	davepines@mac.com
Adjutant/Finance Officer	Edd Robinson	760-433-1165	adjutant@legionpost146.org
Sgt-at-Arms	Ken Derr	760-272-5941	capndirt1@cox.net

AMERICAN LEGION RIDERS, CHAPTER 146 Officers

President:	Ken Derr	760-272-5941	capndirt@cox.net
Vice President:	Dave Hamilton	760-583-5312	Dhamilton9@cox.net
Secretary:	Brenda Derr	619-322-5875	bgallo@cox.net
Treasurer:	Raymond Arnold	760-433-5576	Raymondarnold@yahoo.com
Chaplain:	Dan Rose		
Sgt at Arms:	Chuck Potter	760-414-6650	cpotterpi@cox.net
Historian:	Vacant		
Road Captain:	James Lansberry	760-445-0713	seljelcal@sbcglobal.net

The riders continue to proudly serve our veterans.

Sep 10 Mighty Oak Warrior Program Poker Run Temecula, CA

Sep 17 Jake Jacobsen Memorial Poker Run ALR 149 Escondido, CA

Sep 23-25 ALR State Rally Hollister, CA

Sep 24-25 Harbor Days

The Riders are moving ahead, we signed another new member at our meeting on Sep 24. We have several events going on in the next few months.

Sep 24 ALR 146 Riders meeting

Sep 24 Harbor Days

Sep 30-Oct 1 Brenda and I will be attending the new honoree induction celebration for the Legion of the Silver Rose in Tombstone, AZ

Oct 15 Brenda and I will be attending the new honoree induction celebration for the Legion of the Silver Rose at Post 716 in Los Alamitos, CA

Oct 22 ALR 146 Riders meeting

Oct 29 Suicide Awareness Ride put on by the Forgotten Sons at the Oceanside Elks Lodge

Nov 11 Veterans Day Ceremony Del Mar Fair Grounds/Opening Day Horse Races

Dec 17 ALR Christmas Party/Gift Exchange/Pot Luck Dinner at Rancho San Luis Rey Mobile Home Park

Toys 4 Tots is coming together. Vendors have been contacted and we are soliciting raffle prize donors. The event is scheduled for November 6th at Kennedy's Custom Cycles. Last year we had about 400 motorcycles show up and donate 1000 toys to the Marine Corps Reserve Toys4Tots program.

Respectfully submitted, Kenneth Derr, President ALR 146

California Department of Veterans Affairs For Your Information

September 22, 2016

The cold and flu season is upon us and the Department of Veterans Affairs has once again teamed up with Walgreens Pharmacies nationwide to allow all veterans who are currently enrolled in the VA healthcare system to be able walk into any of the over 8000 Walgreens nationally (and the Duane Reade pharmacies in the New York metropolitan area) to receive a vaccination *at no cost*. Vaccinations will be available through March 31, 2017.

Veterans wishing to receive the no cost vaccination simply need to present a Veterans Identification Card and a photo ID, at any participating Walgreens to receive the vaccination.

In addition, after the Walgreens pharmacist administers the vaccine Walgreens will transmit that information securely to VA where it becomes part of the patient's electronic medical record.

VA is committed to keeping Veteran patients healthy, and during this flu season, vaccination is the best way to prevent the spread of flu. No matter where you live, visit your local VA clinic or Walgreens to get a free flu shot.

- *To find your local VA, visit va.gov/directory/guide/home.asp.*
- *To locate a Walgreens store near you, call 800-WALGREENs (800-925-4733), or go to com/findastore.*
- *To learn more about the partnership, call 1-877-771-8537 or visit ehealth.va.gov/Immunization.asp.*
- *To get more information on flu and flu vaccine, visit publichealth.va.gov/flu or www.cdc.gov/flu.*

Visit the CalVet website at www.calvet.ca.gov.

Cub Scout Pack 7146



Dear American Legion,

Here is a quick update on our pack this month. Our scouts just kicked off another popcorn season by selling popcorn at various sites around Camp Pendleton to help raise money for our pack. So far, it's going well and we are anticipating high sales this year! Last Tuesday, at the Elks Lodge, the scouts had the opportunity to learn how to fold as well as retire American Flags the correct way in the parking lot. Last night, the scouts also had a chance to visit the City or Oceanside Fire Department. They were given a tour around the fire station, ask the fire fighters some questions, as well as take some pictures next to the fire truck. Lastly, we are excited to share with you that we have had a successful time recruiting at local back to school nights in the community and have had an increase of interested boys joining our pack.

Sincerely, Cyryl Gervacio, Committee Secretary

American Legion Auxiliary Unit 146

WOW Fall is here and the Auxiliary is in full swing....We have adopted the **1st CIVIL AFFAIRS GROUP** at Force Headquarters Group Marine Forces Reserve....On October 16th we will be attending there **“FAMILY DAYS”** helping with the Popcorn and Snow Cone machines at the DEL MAR BEACH...This is a great opportunity to get to know these fine Reserves and their families. Email to follow with more information. **TOYS FOR TOTS:** yes the Auxiliary is always there to help the American Legion Riders with their 29th Annual Toys for Tots Benefit and Motorcycle Ride November 6, 2016. Start collecting those NEW TOYS and if you want to volunteer some time contact Mary at ala146oside@gmail.com and she will put you in touch with the Riders.

MEMBERSHIP: 2017 Membership Renewal Notice: *Did you know?* You Can Now Renew Your Membership Online – Quick, Easy, Secure! It’s time to renew your American Legion Auxiliary membership for the 2017 membership year. Remember now you can pay your dues online!

Emails were sent from National to all Auxiliary Members with email. This was your renewal notices. For those without email you will receive a notice by snail mail. Yes our Membership year doesn’t start until Jan 1st; we always like to start our Membership drive in September. Thank you all who have already sent in your membership, for those who have not, you can go online (if you want to pay online you will need you membership number) and renew or mail your check to us at: ALA Unit 146, P O BOX 2877, Oceanside, CA 92057 Senior Dues are \$25.00 & Junior Dues are \$5.00. Remember your dues help us with our programs..... Any Questions please contact Melissa at melissa9293@yahoo.com or Mary at ala146oside@gmail.com

SAVE THE DATE: Lets go golfing.....support our **GIRLS STATE PROGRAM** and come golfing for some fun in the sun....**When:** November 20, 2016 **WHERE:** Emerald Isle Golf Course 8:30 registration 10 am shotgun start. **COST** is \$55.00 includes green fee, cart, lunch, drink ticket. NON-golfers are welcome for lunch and raffle - \$25.00 pp ALL Proceeds go to **GIRLS STATE PROGRAM** More information contact Kim at 1975kcdc@gmail.com

WREATHS ACROSS AMERICA: WHEN: December 17, 2016 **WHERE:** Miramar National Cemetery **TIME:** 9:00 am.....The ALA 146 is now selling Wreaths to be placed on the gravesites of our Veterans. Cost of the Wreaths are \$15.00 each, please make your checks payable to Wreaths Across America and mail them to ALA Unit 146 P O Box 2877 Oceanside, CA 92057 of course you can purchase more than 1 wreath, just add \$15.00 for each wreath you want **REMEMBER * HONOR * TEACH**

2More info contact Robert at buggs417@aol.com or Kim at 1975kcdc@gmail.com

Community Service is a major outreach program of the Auxiliary since 1926, Community Service also demonstrates our longstanding commitment to supporting the work of American Legion posts and other organizations in providing assistance with blood drives, first aid and CPR training, child safety programs, support for women in shelters, & disaster & emergency preparedness programs. All community projects point toward improving life for our veterans and their families, and the most important Auxiliary Community Service projects involve making donations to & supporting shelters for homeless veterans. We all work this program either with the American Legion Auxiliary or at HOME on our own, **LETS START REPORTING IT!**

Hours can be sent to Cassie at cassieszczerba@yahoo.com or Mary at ala146oside@gmail.com

Proud to be a MEMBER of the **AMERICAN LEGION AUXILIARY** Mary Thorsten, President Unit 146



City of Oceanside, Neighborhood Services Department & Friends of Oceanside Parks

HERITAGE PARK Fall Festival



Honor our Fire Dept. Day

HERITAGE PARK
220 PEYRI ROAD, 92057

(FREE PARKING BEHIND MISSION SLR)

<http://www.ci.oceanside.ca.us/gov/ns/parks/events/heritagepark.asp>



Saturday, November 12, 2016

12:00pm - 4:00pm

A DAY OF FAMILY FRIENDLY FUN FEATURING:

CHILDREN'S GAMES, CHILI COOK-OFF, & MUSIC!

ADMISSION: FREE!

***Game tickets & food available for purchase day of event!**

*PROCEEDS FROM THIS EVENT WILL BENEFIT THE FRIENDS OF OCEANSIDE'S PARKS (OPARC) A REGISTERED CIVIC-DRIVEN NON-PROFIT FOR THE PURPOSE OF SUPPORTING OCEANSIDE'S PARKS AND RECREATION PROGRAMS AND SERVICES. FOR SPONSORSHIP OPPORTUNITIES, PLEASE CONTACT ETURK@CI.OCEANSIDE.CA.US OR (760) 435-5529.



Call us! (760) 435-5041 Fax us! (760) 435-9628

Visit us on the web! www.oceansiderec.com



**Parks
Make
Life
Better!**



Want to volunteer or donate? Contact the "Friends of Oceanside Parks" at OPARC@ci.oceanside.ca.us.

Check us out on Facebook!



Presents our
1st Annual Veterans Stand Down

January 27-29, 2017

Green Oak Ranch, Vista

For North County's

**Homeless Veterans, Veterans in Need,
& their immediate family members**

SERVICES PROVIDED:

- Showers & Haircuts
- Clothing & Hygiene Kits
- Housing & Hot Meals
- Medical & Dental Exams
- Benefits Counseling
- Mental Health Counseling
- Housing Assistance
- Legal Assistance

To Volunteer or Donate, please contact us at:

<http://ncstanddown.org>

NCSDVSD is a 501(c)(3) non-profit organization.

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