Sound Off"

The Family Newsletter for American Legion Post 146 1617 Mission Ave Oceanside, CA 92058-2734 Phone 760-754-9633 FAX 760-433-1046 Vol. XXVIII. No.5, November 2016 Website: www.legionpost146.org

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"For God and Country"

Next meeting: 0900 (9am) November 19th, 2016. Come Early for Breakfast put on by the Auxiliary from 730am to 845am, \$8. Post Pot: The name drawn for October was **Emanuel M.** Winocur. Emanuel was not at the meeting to win the \$50. Post Pot for November will be \$60. You must be present to claim your prize.

Please mark your calendars Post 146 will be dark in December, No Meeting in December.

Membership is due, PLEASE mail your dues to the Post or renew on-line:

http://www.legion.org/renew

Happy Birthday to our Brothers and Sisters who were born the month of November.

1 Harvey L. Smith	2 Michael J. Walker	4 Steven M. Hynick	4 Mark R. Kuhn
5 Sidney M. Bane Jr.	6 Daniel R. Walker	6 Stephen A. Howard	6 William F. Sides
6 Curtis E. Winfree	7 David E. Harrah	7 Christopher R. Rodriguez	8 Darren G. Corcoran
8 Robert Perna	9 David Valadez	12 Gordon J. Roth	12 Rodolfo M. Siller
12 Edward G. Kruck	13 John B. Flentz	13 Bradley W. Cantley	13 R. Adam Smith
13 Jim L. Johnson	15 Billy Ray Smith	15 Kurt McMinn	16 Edison Corpuz
16 Tim Salanoa	17 Philip Burgess	18 Philip M. Heneghan	18 Robert F. Bockover
18 Christopher Hughes	18 Niles Stokes	20 Thomas E. Webb	22 William Donnelly
22 Cesilio A. Jaime	22 Frank T. Bond	22 Alfred C. Jackson	22Naomi N. Christensen
23 Robert J. Gallagher	23 Dennis G. Smith	23 Frank B. Zugaj	23 Melchor Lee
24 Raymond Whitehead	24 Martha A. Frey	26 Clyde A. Payne	26 Knud B. Pedersen
27 Albert L. Sawyer	27 Gilbert Ragan	28 Cynthia S. Keune	29 Jack B. Reagan

American Legion Post 146 Officers

Commander	Anthony	(Tony) Azares	760-212-8533	commander@legionpost146.org
1 st Vice Commander		Dave A. Pines	760-207-6794	davepines@mac.com
2 nd Vice Commander		Ken Derr	760-272-5941	capndirt1@cox.net
Judge Advocate/ Serv	ice Officer	Charles T. Atkinson	760-941-4712	catkinsonE9@gmail.com
SgtAt-Arms	Rudo	lph (Rudy) J. Caron	760-473-6156	caronj7@cox.net
Adjutant/Finance Offi	cer/Editor	Edd Robinson	760-433-1165	adjutant@legionpost146.org
Chaplain		Jack W. Moreno	760-855-7996	Amlegpost146info@aol.com
Historian		Vacant		
3 Yr. Executive Comr	nittee	Robert E. Noble	760-806-4886	brbuds3@att.net
2 Yr. Executive Comr	nittee	Lee Brunson	760-586-2897	leepaulabrunson@gmail.com
1 Yr. Executive Comr	nittee	Felipe Rodriguez	760-805-4428	saintjohn1513@yahoo.com
Jr. Past Commander		Kevin Johnstone	760-801-9000	kevinjohnstone@mac.com
Webmaster		David Kauppinen	760-639-0728	subvet346@cox.net
Harbor Days Chair		Bianca Wylie	703-507-3792	bianca.wylie@yahoo.com
Boys State/School Me	dals/JROT	C/Blood Chair	760-721-56-21	Frank Zugaj

Postal Compliance Notice: "Sound Off!" Is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL's VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the "Sound Off!" Editor at: 1617 Mission Ave.; Oceanside, CA 92058-2734 or adjutant@legionpost146.org. **Anyone wishing to add articles Please send in word format.**

Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website www.legionpost146.org. We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant adjutant@legionpost146.org and tell him your E-mail address. The newsletter is also available at our Website www.legionpost146.org. This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

Meetings

Post 146 meets every 3rd Saturday of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. 92058-2734. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at www.legionpost146.org. The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

District 22 meets December 11th @ 0900 @ Linda Vista Post 731, located @ 7245 Linda Vista Road, S.D. Come early for Breakfast. District 22, http://www.legionsd.org/

Get involved with Post 146 www.legionpost146.org We next meet on November 19th, 2016 @ 0900 breakfast starts at 745am for \$8. 1617 Mission Ave, Ocsd.

Post Commander

Comrades:

Fall is upon us and along with it we have events coming up. First of All Our riders are having their annual Toys For Tots Ride on Sunday November 6th. I need Volunteers badly so that we may help them achieve their fundraising goal. I need 4 People at 6 AM at Kennedys Custom Cycles in Oceanside. We also need 3 volunteers to run the food booth (hand out sandwiches, chips and drinks) at 11 am for 3 hours and will also need 4 people at 3pm to help them break down. Please contact me directly by email at tonyazares1@yahoo.com or call me at 760-212-8533

On Veterans Day November 11th, there will be a Veterans Day Ceremony at the VANC building at 10 AM, after that is the Salute to Veterans at the Del Mar Racetrack. For 25.00 you receive VIP parking food and all 6 races, this is a great time to come out and support this great event that is for the Legion. We have tickets on sale at the VANC Building, see Chuck Atkinson.

With Thanksgiving coming quickly upon us, I wish you and yours a very blessed Thanksgiving.

Our Auxiliary will be serving breakfast before the general meeting on the 19th.

On Saturday the 5th of November we will be turning our clocks back one hour.

Mark your calendars the Post will be going Dark in December. The Post 146 regular and E-board meetings will not be held. There will not be a newsletter for December either.

Holiday Party this year the Riders have invited all Post, Auxiliary and Son's to join them in celebrating the Holiday season at their Christmas Party. It will be a Pot Luck Dinner and Gift Exchange at Rancho San Luis Rey Mobile Home Park. Please contact: **Ken Der**r, 760-272-5941, or capndirt1@cox.net for more information.

Tony Azares, Commander

Membership

Our 2017 membership cards are in. Please send in your \$45 dues as soon as you can or renew on line today. http://www.legion.org/renew

Please note active duty or National Guard member your dues are \$35 <u>you must mail</u> <u>your check to the Post to get your discount.</u>

From Harbor Days Chair

I would like to send out a big thanks to all our volunteers for helping make our Harbor Days event a huge success this year! I would also like to thank our friends, family, and Legion members who came out to show support. Business went so well that we actually ran out of food the first day and had to buy more. It was an even bigger success than last year. I couldn't have done this without your help, thank you!!!

Bianca Wylie

SAL Squadron 146

This month the Squadron had the pleasure of assisting the women of the Auxiliary in serving dinner to the Wounded Warriors on Camp Pendleton. To see the strength and resolve of these men and women is truly inspiring. When speaking with them, most have very specific goals or targets they are intent on achieving.

The Squadron hosted the fundraising breakfast prior to the monthly meeting. The breakfasts have been a success and more importantly a chance for the different parts of the Legion family to socialize prior to their meetings. If you haven't come, it's a good way to contribute to the various programs the Legion, SAL's and Auxiliary are involved in and get a good breakfast at the same time.

A particular big thank goes out to all who helped this past breakfast.

We look forward to helping the Riders with their Toys for Tots event. Last year was my first time seeing this. I was very impressed at how many diverse groups they were able to pull together for the event. I'm sure this year will be even bigger.

As always, please keep the SAL's in mind when you are talking to your eligible relatives and friends. We have increased our Roster, but still need more members who can participate in activities supporting the Post, Veterans and our community.

Yours in service, David Crone, Commander Squadron 146

SAL Squadron 146 Officers

Commander	David Crone	760-415-8127	1975dckc@gmail.com
1 st Vice Commander	Dave A. Pines	760-207-6794	davepines@mac.com
Adjutant/Finance Officer	Edd Robinson	760-433-1165	adjutant@legionpost146.org
Sgt-at-Arms	Ken Derr	760-272-5941	capndirt1@cox.net

Computer Corner:

By definition, "phishing" is the activity of defrauding an online account holder of financial information by posing as a legitimate company. The goal is to get the recipient to click on an enclosed link. Many times this is obvious by looking at wording in the Subject line and/or the sender email address. For example, today I received a phishing email from USAA with the Subject line "Funds was transferred to your account" (bad grammar) and the sender address was USAA< codewizard@approject.com> (not related to USAA). However, some senders are more sophisticated and can actually hide the sender email address from view to make it look like it is from actual USAA sender. If in doubt, one can use the email program view header option to see the actual sender. The phishing activity also applies to Text messages, and they actually look like valid account notifications. My American Express account is set up to send a phone text message and email every time the card is used to spend more than \$10, and this occurs within 1 minute of using my charge card. If I get a notification at any other time, or a suspicious email related to my account (with words like profile or logon), then I will log into the account using my normal method; not the email or text message link. Maintaining a questioning attitude will help keep your financial accounts safe.

AMERICAN LEGION RIDERS, CHAPTER 146 Officers

President:	Ken Derr	760-272-5941	capndirt@cox.net
Vice President:	Dave Hamilton	760-583-5312	Dhamilton9@cox.net
Secretary:	Brenda Derr	619-322-5875	bgallo@cox.net
Treasurer:	Raymond Arnold	760-433-5576	Raymondarnold@yahoo.com
Chaplain:	Dan Rose		
Sgt at Arms:	Chuck Potter	760-414-6650	cpotterpi@cox.net
Historian:	Vacant		
Road Captain:	James Lansberry	760-445-0713	seljelcal@sbcglobal.net

The Riders are moving right along and looking forward to the new year. Last month we signed one new member and soon an old member will be returning. The American Legion Riders, Dept of California continues to grow and Area 5 is leading the way with over 30 Chapters.

Sep 24 The Riders rode to the harbor for lunch after our monthly meeting.

Sep 30-Oct 1 Brenda and I attended the new honoree's ceremony for the Legion of the Silver Rose in Tombstone. The Legion of the Silver Rose honors Vietnam vets that are suffering illness's or have died from exposure to Agent Orange.

Oct 15 Brenda and I will be at Post 716, Los Alamitos, where I was inducted into the Legion of the Silver Rose.

Oct 22 ALR monthly meeting

Oct 29 Suicide Awareness Poker Run put on by the Forgotten Sons at the Oceanside Elks Lodge

Nov 6 Toys4Tots @ Kennedy's Custom Cycles

Nov 11 Veterans Day Ceremony at the Del Mar Horse Races

Nov 26 ALR monthly meeting @ VANC 0900

Dec 17 Wreaths Across America @ Miramar National Cemetery

Dec 17 ALR, Ladies Auxiliary American Legion and SAL Christmas Party pot luck dinner and gift exchange @ Rancho San Luis Rey Mobile Home Park.

Respectfully submitted, Kenneth Derr, President ALR 146



ALA GIRLS STATE IN SPIRIT OF SERVICE NOT SELF FOR VETERANS, **GOD AND COUNTRY**

American Legion Auxiliary Oceanside Unit 146 Golf Tournament

Location: Emerald Isle Golf Course

660 South El Camino Real, Oceanside, 92057

Date: Sunday, November 20, 2016

Time: 8:30am registration, 10am shotgun start

Cost: \$55 includes green fee, cart, lunch, drink ticket, contests, prizes & raffle.

Non-golfers are welcome for lunch and raffle - \$25/pp

SPONSORSHIP OPPORTUNITIES

		SPONSORS	SHIP OPPORTUNITIES
Type of Sponsorship	Quantity Available	Cost	Sponsorship Includes
unch Sponsor	2	\$500	Name / Logo on tables at reception, signage on course
Beverage Sponsor	4	\$150	Name / Logo on all beverage tickets, signage at lunch reception
Hole Sponsor	18	\$100	Signage on tee box, Opportunity to set up at the hole on the course during the tournament
Hole Contest Sponsor (Closest to the pin)	18	\$50	Name/Logo on the contest marker, Name/Logo listed on the rules sheet
		RE	GISTRATION
Foursome - \$220 (Include	de email for confirmati	on of each player	ndividual Golfer (includes lunch) - \$55
1st Player:			Email/Phone:
2nd Player:			Email/Phone:
3rd Player:			Email/Phone:
4th Player:			Email/Phone:
☐ Lunch Only - \$25/pp	Name:		Email:
☐ I can not participate b	ut would like to	donate	Amount:
ALL Proceeds Go To	O ALA 146 Girls S	State Progran	<u>m</u> * More info: 760-415-8126
	*****	*****	*************
***Payment Information			
My check for \$, pa	yable to the Americ	an Legion Auxi	liary 146 is enclosed.

American Legion Auxiliary Unit 146



Auxiliary

WOW Fall is here and the Auxiliary is in full swing....We have adopted the **1**st **CIVIL AFFAIRS GROUP** at Force Headquarters Group Marine Forces Reserve...

TOYS FOR TOTS: yes the Auxiliary is always there to help the American Legion Riders with their 29th Annual Toys for Tots Benefit and Motorcycle Ride November 6, 2016. Start collecting those NEW TOYS and if you want to volunteer some time contact Mary at ala146oside@gmail.com and she will put you in touch with the Riders.

MEMBERSHIP: 2017 Membership Renewal Notice: *Did you know?* You Can Now Renew Your Membership Online – Quick, Easy, Secure! It's time to renew your American Legion Auxiliary membership for the 2017 membership year. Remember now you can pay your dues online!

Emails were sent from National to all Auxiliary Members with email. This was your renewal notices. For those without email you will receive a notice by snail mail. Yes our Membership year doesn't start until Jan 1st; we always like to start our Membership drive in September. Thank you all who have already sent in your membership, for those who have not, you can go online (if you want to pay online you will need you membership number) and renew or mail your check to us at: ALA Unit 146, P O BOX 2877, Oceanside, CA 92057 Senior Dues are \$25.00 & Junior Dues are \$5.00. Remember your dues help us with our programs..... Any Questions please contact Melissa at melissa9293@yahoo.com or Mary at ala146oside@gmail.com
SAVE THE DATE: Lets go golfing.....support our GIRLS STATE PROGRAM and come golfing for some fun in the sun....When: November 20, 2016 WHERE: Emerald Isle Golf Course 8:30 registration 10 am shotgun start. COST is \$55.00 includes green fee, cart, lunch, drink ticket. NON-golfers are welcome for lunch and raffle - \$25.00 pp ALL Proceeds go to GIRLS STATE PROGRAM More information contact Kim at 1975kcdc@gmail.com

WREATHS ACROSS AMERICA: WHEN: December 17' 2016 WHERE: Miramar National Cemetery TIME: 9:00 am.....The ALA 146 is now selling Wreaths to be placed on the gravesites of our Veterans. Cost of the Wreaths are \$15.00 each, please make your checks payable to Wreaths Across America and mail them to ALA Unit 146 P O Box 2877 Oceanside, CA 92057 of course you can purchase more than 1 wreath, just add \$15.00 for each wreath you want REMEMBER * HONOR * TEACH

2More info contact Robert at buggs417@aol.com or Kim at 1975kcdc@gmail.com

Community Service is a major outreach program of the Auxiliary since 1926, Community Service also demonstrates our longstanding commitment to supporting the work of American Legion posts and other organizations in providing assistance with blood drives, first aid and CPR training, child safety programs, support for women in shelters, & disaster & emergency preparedness programs. All community projects point toward improving life for our veterans and their families, and the most important Auxiliary Community Service projects involve making donations to & supporting shelters for homeless veterans. We all work this program either with the American Legion Auxiliary or at HOME on our own, LETS START REPORTING IT!

Hours can be sent to Cassie at <u>cassieszczerba@yahoo.com</u> or Mary at <u>ala146oside@gmail.com</u>
Proud to be a MEMBER of the **AMERICAN LEGION AUXILIARY** Mary Thorsten, President Unit 146



National Remembrance Ceremony DECEMBER 17, 2016	REMEMBER,	Group ID:L	CA0097P	Wreaths Across America (A Non Profit Corp.)	Corporate= 100 Wreaths	Small Business= 10 Wreaths	Family= 4 Wreaths	Individual= 1 Wreath	Sponsorship Levels	Phone: Marines at Camp Al Taqaddum, Iraq Do we have permission to publicize your name? Wreaths Across America Ceremony 2000 Yes OR No, I wish to remain Anonymous. *Sorry-we are unable to accept grave specific requests through the main office*	State: Zip	City:	Address:	Name:	2016 National Remembrance Ceremony	for the	Sponsor a Wreath Today	
nal Remembrance Cere DECEMBER 17, 2016	HONOR & T	Location ID:			\$1500.00	\$150.00	\$60.00	\$15.00	Price	us.					nbrance C	he	reath Toda	
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Veterans admitted FREE Live Rock - Country Music - Food - Lounge





* Bring your Lawn Chairs! * *





Brought to you by:





At Galway Downs in Temecula

- Benefits the Mission of The Manzanita Ranch -

Featuring The Phoenix Patriot Band, Slow Traffic, Michael Thomas and Friends, Tim Walsh, JD Priest, Noizee Neighborz, Shoot 4 Tuezday, The Great Tim Moyer, Neil Young Recording Artist Tom Bray, Lifetime Rockers, The Barnyard Boyz, Jen Householder, Joe Lawing, Off the Vine, Joe Gillaspie, OS Roxx & more!

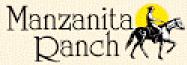








Multiple stages performing for 8 hours!



Where the Horses are the Therapy. A 501(d)(0) nenprofit human service agency.

To volunteer contact Johnny Roberts, Ranch Director 909-816-9450.



Veterans Admitted FREE \$20 adults \$10 age 12-17 \$5 Parking



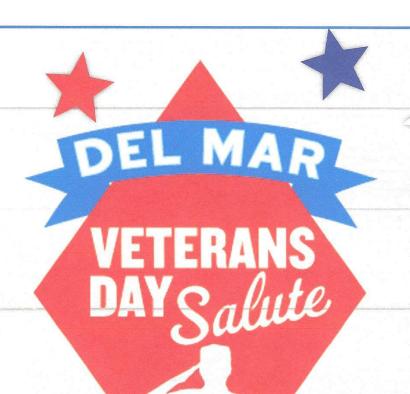
Galway Downs

38801 Los Corralitos Road Temecula, CA 92592





www.ManzanitaRanch.org



OPENNG DAY FRIDAY, NOV. II

★ STARS & STRIPES FASHION CONTEST
★ HOLIDAY BOWL FLAG UNFURLING ★ PARACHUTERS

AMERICAN LEGION SPECIAL EVENT

EVENTS INCLUDE: CALI COMFORT BBQ ★ FAMILY FUN ZONE CONCERT BY COFFEY ANDERSON ★ PINUP FOR PATRIOTS CONTEST

★ TICKETS START AT \$25 ★

DISCOUNTED TICKETS AVAILABLE



Proceeds benefit SaveOurLegion.org For tickets and full event details visit delmarracing.com/vetsalute



Contact the American Legion Post 416 at (760) 753-5674 or online at calegionpost416.org

City of Oceanside, Neighborhood Services Department & Friends of Oceanside Parks

Honor our Fire Dept. Day

HERITAGE PARK 220 PEYRI ROAD, 92057 (FREE PARKING BEHIND MISSION SLR)



CHILDREN'S GAMES, CHILI COOK-OFF, & MUSIC!

ADMISSION: FREE!

*Game ticket; & food available for purchase day of event!

*PROCEEDS FROM THIS EVENT WILL BENEFIT THE FRIENDS OF OCEANSIDE'S PARKS (OPARC) A REGISTERED CIVIC-DRIVEN NON-PROFIT FOR THE PURPOSE OF SUPPORTING OCEANSIDE'S PARKS AND RECREATION PROGRAMS AND SERVICES. FOR SPONSORSHIP OPPORTUNITIES, PLEASE CONTACT ETURK@CI.OCEANSIDE.CA.US OR (760) 435-5529.

Parks and Recreation

Call us! (760) 435-5041 Fax us! (760) 435-9628 🗉 🗟

Visit us on the web! www.oceansiderec.com





Want to volunteer or donate? Contact the "Friends of Oceanside Parks" at OPARC@ci.oceanside.ca.us Check us out on Facebook!



RESEARCH AFFAIRS

Office of Innovation and Commercialization

So You Want to be an Entrepreneur?

A Workshop for Veterans and Military on entrepreneurial pathways.

12:30PM

Welcome & Overview of the Day

1:00PM

The Entrepreneurial Leader; Ken Blanchard, the Blanchard Companies

2:00PM

So You Want to be an Entrepreneur?
Greg Horowitt, UCSD Office of Innovation &
Commercialization

2:30PM Case Study 1: Nathan Fletcher

3:00PM Break

3:15PM Case Study 2: Eric Venn Watson

4:00PM Case Study 3: Colin Supko

4:45PM Q&A Roundtable

5:30PM Networking and time with Professionals

12:30pm - 6:00pm

Fuse Integration 1425 E St•San Diego•CA 92101 05 DEC 2016

RSVP https://ucsdinnovation_veterans.eventbrite.com



Presents our

1st Annual Veterans Stand Down

January 27-29, 2017

Green Oak Ranch, Vista

For North County's

& their immediate family members

SERVICES PROVIDED:

- > Showers & Haircuts
- > Benefits Counseling
- ➢ Clothing & Hygiene Kits
- Mental Health Counseling
- > Housing & Hot Meals
- > Housing Assistance
- > Medical & Dental Exams
- > Legal Assistance

To Volunteer or Donate, please contact us at:

http://ncstanddown.org

NCSDVSD is a 501(c)(3) non-profit organization.

EIN 81-2357784

Kiwanis Club of Oceanside

2nd Annual Food & Wine Pairing October 22, 2016 5:00 pm to 8:00 pm Veterans Association of North County

Enjoy an evening of fun, food and wine. This tax deductible fund raising event features a gourmet meal by renowned Chef Drew McPartlin paired with wines from Oceanside's MATTUCCI Winery.

<u>DINNER</u> AUTUMN SALAD

Mixed Baby Lettuces, Chives, House Applewood Smoked Berkshire Bacon, Heirloom Baby Tomatoes, Radish, Shave Fennel, Gorgonzola Dressing wine: Riesling

PASTAL AL FORNO "LASAGNA"

Italian Cheeses, Fried Garlic, Basil, Petite Arugula, Aged Balsamic, Spicy San Marzano
Tomato Sauce
wine: Primitivo

PORCHETTA

Porchetta Wrapped in House Applewood Smoked Berkshire BaconStuffed with Figs, Garlic, Oregano, Rosemary, Sage, Parmigiano Mascarpone Polena, Roasted Lady Apple Black Pepper Mostarda wine: Cab Franc

DESSERT

TIRAMISU

Mascarpone, Vin Santo Dark Chocolate Grenache, Espresso Lady Fingers

The adults only cost is \$55 which includes dinner, wine and parking. The event will also include a raffle. Tickets are available from any Kiwanis Club of Oceanside member or contact Tommy Head at headmt@cox.net. This fund raiser will benefit the Eliminate Project.

Note: the paired wine will be available for purchase at a discounted price.

Make checks payable to Kiwanis Club of Oceanside (memo- Project Eliminate) tax ID 36-6072039