

“Sound Off”

The Family Newsletter for
American Legion Post 146
1617 Mission Ave
Oceanside, CA 92058-2734
Phone 760-754-9633
FAX 760-433-1046
Vol. XXVIII, No.9, March 2018
Website: www.legionpost146.org

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U.S. POSTAGE
OCEANSIDE, CA
PERMIT 207



”For God and Country”

Next meeting: 0900 (9am) March 17th, 2018.

Come early for a Great Breakfast prepared by our
SON’s 0730 to 0830, for \$8. **Post Pot: Frank Zugaj’s**
Name was drawn. **Frank** was present at the meeting.
Frank Donated the \$40 to the School Medal awards
program. Thank You **Frank**. The Post Pot for March
will be **\$10. You must be present to win.**

Annual Law and Order awards Dinner, March 22, 2018 at 5:30pm. See flyer.

Menu for Law & Order is: Tri-Tip Beef, Garlic Mashed Potatoes, Vegetables, Salad Bar, Rolls & a
Yummy Dessert.

**Please take a moment to look at your membership card if the date on the card
is not 2018 your membership has expired. Dues are now due for 2018 please
mail them to the Post or pay on-line @ <http://www.legion.org/renew>; Today!**

Happy Birthday to our Brothers and Sisters who were born in the month of March.

3 Jimmy Escobar	4 Robert Malek	6 Steven D. Lerner	8 William E. Walker
9 Donald E. Mulligan	10 Oliver H. Labonte	11 Lewis K. Harley	11 Mike R. McLarty
11 Tom Davis	14 Herb J. Butler	14 Kevin Johnstone	16 Lorraine M. Testa
16 James A. Pratt, Jr.	16 Gary Wilson	17 Marvin L. Foster	20 Edwin L. Silva
21 Mark A. Treger	21 Frank Brehm	22 Willie E. Little	23 Marvin D. Moore
24 Robert S. McLeod	26 Miguel Gonzalez	26 Lawrence Ferguson	26 Robert A. Apodaca
27 Gonzalo Santa Maria	27 Robert Schellhaus	28 Garland N. Copeland	28 Edward A. Bray
30 Marc Uhaze	31 James L. Anderson	31 John B. King III	

American Legion Post 146 Officers

Commander	Anthony (Tony) Azares	760-212-8533	commander@legionpost146.org
1 st Vice Commander	Dave A. Pines	760-207-6794	davepines@mac.com
2 nd Vice Commander	Ken Derr	760-272-5941	capndirt1@cox.net
Judge Advocate/ Service Officer	Charles T. Atkinson	760-941-4712	catkinsonE9@gmail.com
Sgt.-At-Arms	Rudolph (Rudy) J. Caron	760-473-6156	caronrj7@cox.net
Adjutant/Finance Officer/Editor	Edd Robinson	760-754-9633	adjutant@legionpost146.org
Chaplain	Jack W. Moreno	760-855-7996	jackwmoreno@aol.com
Historian	Vacant		
3 Yr. Executive Committee	Gordon R. Hill	760-936-6440	GRH2000@hotmail.com
2 Yr. Executive Committee	Robert E. Noble	760-806-4886	brbuds3@att.net
1 Yr. Executive Committee	Lee Brunson	760-586-2897	leepaulabrunson@gmail.com
Jr. Past Commander	Kevin Johnstone	760-801-9000	kevinjohnstone@mac.com
Webmaster	David Kauppinen	760-639-0728	subvet346@cox.net
Harbor Days Chair	Ken Derr	760-272-5941	capndirt1@cox.net
Boys State/School Medals/JROTC/Blood Chair		760-721-5621	Frank Zugaj

Postal Compliance Notice: “Sound Off!” Is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL’s VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the “Sound Off!” Editor at: 1617 Mission Ave.; Oceanside, CA 92058-2734 or adjutant@legionpost146.org. **Anyone wishing to add articles Please send in word format.**

Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website www.legionpost146.org. We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant adjutant@legionpost146.org and tell him your E-mail address. The newsletter is also available at our Website www.legionpost146.org. This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

Meetings

Post 146 meets every 3rd Saturday of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. 92058-2734. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at www.legionpost146.org. The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

District 22 meets April 8th, 2018 @ 0900 @ Linda Vista Post 731, located @ 7245 Linda Vista Road, S.D.. Come early for Breakfast. **District 22**, <http://www.ald22.org/>

Get involved with Post 146 www.legionpost146.org Our next meet on March 17th, 2018 @ 0900, breakfast 0730 to 0830 for \$8. 1617 Mission Ave, Ocsd.

Flag Retirement Ceremony

Post 146 Flag Chairman, in conjunction with the Oceanside FD, will conduct a Flag Retirement Ceremony at 12:00 noon, Saturday March 17, at the Jones Rd. OFD Training Center. Members of the Boy Scouts Explorers will also take part in the Ceremony. There will be free Dogs/Burgers, Chips and Drinks. The Flag Disposal will require about two hours and attendees may depart at any time after the Opening Dedication.

Regards, Bob Noble

American Legion Post 146 Membership

If you do not have a 2018 Membership card your membership has expired. Please send in your \$45 dues as soon as you can or renew on line today. <http://www.legion.org/renew>

Please note: active duty or National Guard members, your dues are \$35 **you must mail your check or money order to the Post to get your discount.** 1617 Mission Ave, Oceanside, CA 92058

Edd Robinson, Adjutant/Finance Officer

Annual Law & Order Awards Dinner - Thursday, March 22, 2018 , 5:30 pm to 8:30 PM

Menu for Law & Order is: Tri-Tip Beef, Garlic Mashed Potatoes, Vegetables, Salad Bar, Rolls & a Yummy Dessert

Join us for the Annual Law & Order Awards Dinner, hosted by Oceanside American Legion Post 146 and the Oceanside Elks Lodge, and sponsored by Tri-City Hospital. There will be a delicious meal and a ceremony to honor local citizen heroes and first responders from the Oceanside Police, Oceanside Fire, Oceanside Lifeguards, State Lifeguards, California Highway Patrol, Carlsbad Fire, Carlsbad Police and Carlsbad Lifeguards.

Space is limited so get your tickets while they are still available. Tickets are \$20 each and can be purchased on-line at <https://lawandorderawards2018.eventbrite.com> , or mail a check payable to American Legion Post 146 - Law & Order Awards, 1617 Mission Ave, Oceanside, CA 92058. You can also make a donation that will be used so that family members of the award recipients can attend. Please see following flyer.

From Kevin Johnstone Law and Order Committee Chair



The American Legion
Oceanside Post 146
1617 Mission Ave.
Oceanside, CA 92058



Oceanside Elks Lodge
444 Country Club Lane
Oceanside, CA 92054

Sponsored by:



THE ANNUAL LAW AND ORDER AWARDS DINNER

Honoring Members of the California Highway Patrol, Oceanside Police Department, Oceanside Fire Department, Carlsbad Police Department, Carlsbad Fire Department, and the California State Lifeguards - Carlsbad and local citizens who have gone above and beyond the call of duty in the pursuit of Law and Order in the 2017 calendar year.

Thursday, March 22, 2018
Oceanside Elks Lodge
444 Country Club Lane
Oceanside, CA 92054

5:30 PM Cocktails
6:00 PM Presentation of Colors, Welcome and Dinner
6:45 PM Awards Program
8:00 PM Photos

Dinner tickets purchased before March 22 are \$20.00 each. Tickets at door are \$25.
Your Support is appreciated! Donations Gladly Accepted.

DEADLINE FOR RESERVATIONS: March 18, 2017.

LIMITED SEATING! BUY YOUR TICKETS EARLY! If you are unable to attend, consider a donation to help cover the cost of the honoree's family members.

Register & Pay Online at: <https://lawandorderawards2018.eventbrite.com>

Or Mail Checks payable to "Oceanside American Legion Post 146" to
American Legion Post 146
1617 Mission Ave, Oceanside, CA 92058
(760) 801-9000 - kevinjohnstone@mac.com

Post 146 Member Classified Ads

For sale Gasoline powered lawnmower (\$45) and garden sprayer - used once (\$10). Contact David Kauppinen at 760-639-0728 or subvet346@cox.net

If you have something to sell, then this is the place to do it. Please limit to 2 items per newsletter issue. Send your ad by the 25th of the month to adjutant@legionpost146.org

American Legion Auxiliary Officers

President	Kim Crone	1975kcdc@gmail.com	760-415-8126
Secretary	Cassie Sczerba	cassieszczerba@yahoo.com	760-807-5112
1st Vice	Elaine Piltzecker	gepiltz@outlook.com	760-529-5819
2nd Vice	Carolyn Byers	carolyn57.cb@gmail.com	760-685-6571
Treasurer	Mary Thorsten	ala146oside@gmail.com	
Chaplain	Miriam Corbin	ls71252@gmail.com	760-547-5427
Historian	Maureen Kauppinen	movinloot2@cox.net	760-639-0728
Sgt. @ Arms	Lorna De La Cruz	dlc-ohana@hotmail.com	757-771-4413
Marshall	Nancy Anderson	nma49@cox.net	760-757-1143
Executive Committee:	Suzanne Brewer	suzbrewer1@hotmail.com	760-536-3384

At our February meeting Unit 146 hosted District 22 President Moe Giacolone and Chaplain Jean Howard. They listened to our reports which included Stand Down, Sew 4 Vets as well as our many volunteer hours. She learned about the shoe drive and STEP baby drive, both of which you can donate to through March. Madam President reminded us that all members are always welcome and encouraged to attend the District 22 meetings. They are held at the Linda Vista Post 731. The next meeting is Sunday April 8 at 9 am. Let me know if you are interested.

Mark your calendars: April 25 Poppy and April 28-29 RFL.

May is Poppy month. Chairman Elaine Piltzecker has arranged for our unit to receive the Proclamation from Mayor Weiss on Wednesday April 25 at 5pm at City Hall.

Ladies, it's Relay time! We are team "ALA 146 Warriors" and we need teammates! Please sign up at Relay for Life Oceanside, April 28-29. We are also having a Bunco game (see flyer) with all proceeds going to our Team "ALA 146 Warriors" which in turn goes to the American Cancer Society. Every amount we raise helps, please join us in being the change needed.

Please join us at our next meeting, March 17, 2018 at 9 am. Wear green!

Yours in Service Kim Crone, President ALA Oceanside 146

ALA WARRIORS

Would like to invite you to help us in our support for the Relay for Life Oceanside Event.

HOW: BUNCO FUNDRAISER

WHEN: March 18th 2018

**WHERE: Veterans Association of North County
1617 Mission Ave. Oceanside, CA 92054**

TIME: 1:00 pm to 4:00 pm

TICKET/DONATIONS ARE \$10.00 EACH

RAFFLES / DOOR PRIZES / AND LOTS OF LAUGHS.

**CONTACT: KIM CRONE OR MARY THORSTEN
760-415-8126 760-421-1512
alal46oside@gmail.com
CALL OR EMAIL TO RESERVE YOUR SEAT
SEATING IS LIMITED**

Relay 4 Life Oceanside



SAL Squadron 146 Officers

Commander	David Crone	760-415-8127	salcmdr@legionpost146.org
1 st Vice Commander	Dave A. Pines	760-207-6794	davepines@mac.com
2 nd Vice Commander	Sam Brookins	760-966-1587	shb46@cox.net
Adjutant/Finance Officer	Edd Robinson	760-433-1165	adjutant@legionpost146.org
Sgt-at-Arms	Ken Derr	760-272-5941	capndirt1@cox.net

SAL Squadron 146 Commanders note

It's hard to believe that Spring is right around the corner. Time to renew, get out and get moving.

Let's all keep our eyes open for opportunities to help our Veterans, Post and Legion family organizations.

It will be time for election of officers again in April. Please consider if you would like to serve.

As always, please keep the SAL's in mind when you are talking to your eligible relatives and friends. We have increased our Roster, but still need more members who can participate in activities supporting the Post, Veterans and our community.

Yours in Service David Crone, Commander, Squadron 146

AMERICAN LEGION RIDERS, CHAPTER 146 Officers

President	Dave Hamilton	760.583.5312	dhamilton9@cox.net
Vice Pres	Dan Rose	760.419.5737	drose1243@yahoo.com
Secretary	George Christensen	773.547.5571	George.t.christensen@gmail.com
Treasurer	Raymond Arnold	760.433.5576	Raymond.Arnold@yahoo.com
Sgt at Arms	Chuck Potter	760.415.6650	cpotterpi@cox.net

ALR 146 Report

Happy March Riders! We are just a few short weeks away from the 12th Annual Convention that we are hosting. We are asking for all hands on deck, as this will show the DOC how outstanding our Post, Chapter and Auxiliary are before the DOC. We are expecting approximately 400 Riders, as well as, family members. We hope to put on the best convention possible. At the next Post meeting we will have sign up rosters for areas we will need assistance on. We have some charity rides this month that have been sent to your emails, we need to see you all come out and support these veteran programs.

YIS, Dave Hamilton, President ALR 146



Welcome Home Vietnam Veterans Day is observed on March 30 each year to celebrate the anniversary of American troop withdrawal from Vietnam. In 2009, Governor Schwarzenegger signed Welcome Home Vietnam Veterans Day into California Law. We celebrate today to give Vietnam Veterans the respect and Honor they deserve.

“Welcome Home”

9:00 am ---Doors open to meet & reconnect with fellow veterans

10:00 – 11:30 am --- Formal Program (Speaker; BGen David Brahms, USMC, Ret.)

11:30 am --- Enjoy a complimentary lunch



Welcome Home Vietnam Veterans Day

March 30, 2018

1617 Mission Avenue, Oceanside 92058

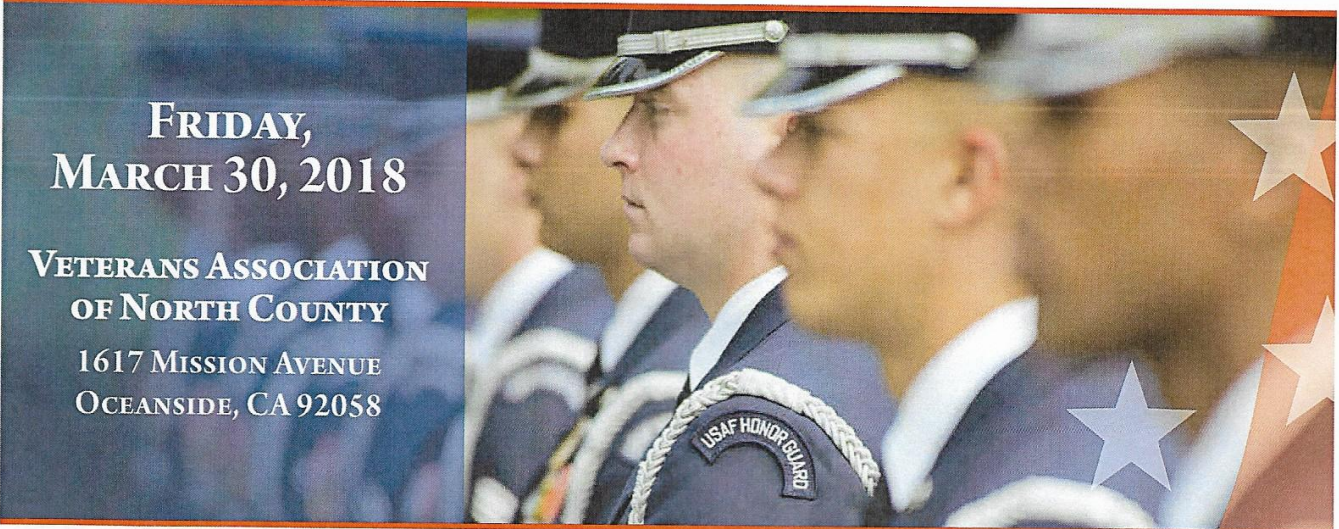
RSVP & information - - - 760 • 722 • 1277

(I-5 North, Mission Ave East exit, corner of Barnes St & Mission Ave)



JOIN US

PLEASE JOIN US FOR THE INAUGURAL WELCOME HOME VIETNAM VETERANS DAY CELEBRATION



**FRIDAY,
MARCH 30, 2018**

**VETERANS ASSOCIATION
OF NORTH COUNTY**

1617 MISSION AVENUE
OCEANSIDE, CA 92058

- 9:00 am | Doors open to meet and reconnect with fellow Veterans
- 10:00-11:30 am | Formal program
- 11:30 am | Enjoy complimentary lunch



PLEASE RSVP BY MARCH 15

To make your reservation, please go to
HospiceNorthCoast.org

or contact Shelly Dew at:

760-431-4100

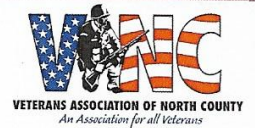
or

sdew@hospicenorthcoast.org



Submit photos of Vietnam Veterans while in service during the Vietnam War by March 16 for inclusion in a slideshow. Please send photos in a JPG format to sdew@hospicenorthcoast.org

A remembrance table will be available to share photos and momentos of Vietnam Veterans unable to attend or no longer with us. Please take photos and momentos home with you at the end of the program.





Southern Caregiver Resource Center
Caring for those who care for others

Annual Conference

OPERATION FAMILY CAREGIVER

A CONFERENCE FOCUSING ON
MILITARY & VETERAN FAMILY CAREGIVERS

Caring for someone suffering from a Traumatic Brain Injury & Post-Traumatic Stress can be overwhelming. Recognizing the importance of the family caregiver role and the profound impact of the “new normal” is essential. Join us for a FREE conference where we will discuss how to implement practical solutions to managing TBI, PTSD and learn ways to support you and your family.



OPERATION
FAMILY CAREGIVER

Friday, April 13th, 2018
9:30 a.m. – 3:30 p.m.

**Veteran Association of
North County**
**1617 Mission Avenue,
Oceanside, CA 92058**

Register Online: <http://bit.ly/OFC18>

For more information please contact
Southern Caregiver Resource Center
(858) 268-4432 | www.scrs.care

Special Thanks to Our Sponsors



AT YOUR HOME
FAMILY CARE.

