

“Sound Off”

The Family Newsletter for
American Legion Post 146
1617 Mission Ave
Oceanside, CA 92058-2734
Phone 760-754-9633
FAX 760-433-1046
Vol. XXVII, No.9, March 2016
Website: www.legionpost146.org

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”For God and Country”

Next meeting: 0900 (9am) March 19th, 2016

Come Early Breakfast from 730am to 845am, \$8.

Post Pot: The name drawn for February was **Glenn Mueller**. **Glenn** was at the meeting to win the \$10. Post Pot for March will be \$10.

You must be present to win.

Kitchen help needed from cooking to clean up. Contact the Adjutant if you can help.

“Membership” Check your membership card if it does not say 2016 your membership has Expired. Not to worry, after checking your card and finding you have not paid your dues send a check for \$45 in to the Post. Mail to: 1617 Mission Ave., Oceanside, CA 92058-2734.

Happy Birthday to our Brothers and Sisters who were born this month.

March Birthdays

2 Sherman Joe Foster
5 Bob Selekman
10 Dwayne Elliott
14 Herb J. Butler
16 Gary Wilson
22 Willie E. Little
23 Palmer E. Bochow
26 Miguel Gonzalez
27 Robert Schellhaus
29 Carl E. Asher Jr.
31 John B. King III

3 Stephen J. Greene
6 Robert J. Wrighton
11 Lewis K. Harley
14 Kevin Johnstone
16 James M. Viola
22 Adam K. Schrom
23 Marvin D. Moore
26 Lawrence Ferguson
28 Garland N. Copeland
30 Marc Uhaze

5 Sidney H. Foster
6 Steven D. Lerner
11 Mike R. McLarty
16 Lorraine M. Testa
17 Marvin L. Foster
23 Robert L. Turner
24 Robert S. McLeod
26 Joe Tafolla
28 Edward A. Bray
31 James L. Anderson

4 Robert Malek
9 Donald E. Mulligan
11 Tom Davis
16 James A. Pratt, Jr.
21 Mark A. Treger
23 John A. Pena
26 George A. Simons
27 Gonzalo Santa Maria
29 Ray H. Wilkerson
31 Dennis L. McNabb

American Legion Post 146 Officers

Commander	Kevin Johnstone	760-801-9000	commander@legionpost146.org
1 st Vice Commander	Carl Asher	760-722-6768	firstvicecommander@legionpost146.org
2 nd Vice Commander	Brian Nielsen	760-505-1168	brianbrnielsen@gmail.com
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Historian	Vacant		
3 Yr. Executive Committee	Jack W. Moreno	760-855-7996	Amlegpost146info@aol.com
2 Yr. Executive Committee	Dave A. Pines	760-207-6794	davepines@mac.com
1 Yr. Executive Committee	Ken Derr	760-272-5941	capndirt1@cox.net

Postal Compliance Notice: “Sound Off!” is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL’s VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the “Sound Off!” Editor at: 1617 Mission Ave.; Oceanside, CA 92058-2734 or adjutant@legionpost146.org. **Anyone wishing to add articles to Sound Off! Will need to have them in to the editor no later than 6pm on the 3rd Sunday of the month, for the following month’s edition, in word format Please.**

Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website www.legionpost146.org. We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant adjutant@legionpost146.org and tell him your E-mail address. The newsletter is also available at our Website www.legionpost146.org. This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

Meetings

Post 146 meets every 3rd Saturday of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at www.legionpost146.org. The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

District 22 meets 0900 @ Escondido Post 149, April 10, 2016 Come early for Breakfast. Get involved with Post 146 www.legionpost146.org & District 22, <http://www.legionsd.org/>

From your Commander



American Legion Comrades - we have had another incredible month full of activity, growth and increased momentum at Post 146. We closed out February with a long overdue Initiation Ceremony where we initiated 20 members into the post who have never been formally sworn in. Chef Tony Azares prepared an incredible Crusted Baked Yellowtail or Kielbasa dinner that got rave reviews (as do all of Tony's meals) and inductees, members and our guests enjoyed a wonderful evening of networking, great food and a little education about responsibility of membership in the American Legion. I wish everyone had been there to experience the evening, but, as it was, the room was nearly full.

March brings our highly successful Law & Order Awards Banquet. Check out the attached flyer and register for tickets quickly. Last year we packed the large banquet room at the Elk's Lodge and honored some incredible heroes from our own community. It's a not to be missed event and we look forward to seeing every member of the post in attendance.

March also brings on the first round of nominations for our Post officers. If you have any interest in any of the positions (and they are all open to receive nominations) please come to the meeting and make your wishes known. If you need any information on what each position involves, please don't hesitate to ask any member of the eBoard.

Finally, we are asking for prayers and well wishes for our First Vice Commander, Carl Asher. Carl is currently battling a very aggressive cancer and needs all of our prayers and support. Carl is a great Legionnaire, Comrade, Friend, Mentor and Leader who we want to have around for many, many years.

Kevin Johnstone, Commander - Post 146, commander@legionpost146.org



The American Legion
Oceanside Post 146
1617 Mission Ave.



Oceanside Elks Lodge
444 Country Club Lane
Oceanside, CA 92054

ANNOUNCING THE 2015 LAW AND ORDER AWARDS DINNER

Honoring Members of the California Highway Patrol, Oceanside Police Department, Oceanside Fire Department, Carlsbad Police Department, Carlsbad Fire Department, Carlsbad Lifeguards and the San Diego Sheriff's Department Substation Vista and local citizens who have gone above and beyond the call of duty in the pursuit of Law and Order.

2015 OCEANSIDE & CARLSBAD LAW AND ORDER AWARDS CEREMONY & DINNER

Thursday, March 24, 2016
Oceanside Elks Lodge
444 Country Club Lane
Oceanside, CA 92054

5:30 PM Cocktails
6:00 PM Presentation of Colors, Welcome and Dinner
6:45 PM Awards Program
8:00 PM Photos

Dinner tickets are \$20.00 each. Your Support is appreciated! Donations Gladly Accepted.

DEADLINE FOR RESERVATIONS: March 22, 2016. NO TICKETS WILL BE SOLD AT DOOR LIMITED SEATING! BUY YOUR TICKETS EARLY! If you are unable to attend, consider a donation to help cover the cost of the honoree's family members.

Register & Pay Online at: <https://lawandorderawards2016.eventbrite.com>

Or Mail Checks payable to "Oceanside American Legion Post 146" to

Law and Order Program
American Legion Post 146
1617 Mission Ave, Oceanside, CA 92058
(760) 801-9000 - kevinjohnstone@mac.com

1st Vice Commander

Membership:

Greetings Legionnaires: We are ahead of the goal curve by just a smidgen, but ahead none the less. We have transmitted 464 members to date which is 88.7% of our goal; we met the Feb goal dates.

Just to breakdown the Target dates for our membership:

Goal Name	Date	Goal	Members
To Date	2/27	88%	464
Legion Birthday	3/19	90%	= 471
Children & Youth	4/13	95%	497
Armed Forces Day	5/11	100%	523

A quick math check shows we are currently 59 members short of this year's goal of 523 members. 59 members, that is not many and we can get it done. If you have not renewed your 2016 Post 146 dues, please do so today.

I would like to welcome new members Marcella Carter, USMC, Persian Gulf; Jesse C. Price, USMC, Persian Gulf; Mikel Burroughs, USA, Vietnam; and Wilfred H. Archuleta, USA, WWII; to Post 146.

I hope to have some photos and information on the Feb. 27 Initiation for you next issue. If you participated, thank you, and I would like your feedback on the ceremony, send email to firstvicecommander@legionpost146.org. I am very interested in your feedback and 'constructive' criticisms. Will accept kudos too.

Until next month; keep your powder dry and your primer charged.

Yours in Service to God and Country; Carl Asher, 1st Vice Commander

Commander Squadron 146

I want to give a special thanks to Dave Crone, his son JD, Edd Robinson, Pat Marier, Rudy Caron and an extra thanks to Tony Azares. What for? All the work they did putting on the SAL breakfast. Another success and SAL's bank account is healthy because of those folks. All enjoyed the breakfast and it is going to be a monthly success for the Post and Auxiliary.

Tony has somehow taught me and others I have mentioned, to cook and prepare breakfast food for large groups. I still have a ways to go, but I will get there after a couple more times.

According to the American Legion rules, the Sons of the Legion can be part of the Post's general meetings. SAL has elected to do that until there are so many members that we will be forced to hold our own. The post Commander will call on me if we have anything to offer for the general post members.

Otherwise, things are going very well. SAL is now organized into a smooth operation the special effort of Edd, the Adjutant of the Squadron as well as the Post. Thanks Edd.

Dave Pines, Commander Squadron 146, Sons of The American Legion

AMERICAN LEGION RIDERS CHAPTER 146 Officers

President: Ken Derr
Secretary: Brenda Derr
Sgt at Arms: Chuck Potter
Chaplain: "Pastor" Bob Wilson

Vice President: Ken Gardiner
Treasurer: Raymond Arnold
Ride Coordinator: James Lansberry
Historian: Vacant

The Riders are getting busy in the newyear. After our January meeting a few of us rode down to Chula Vista Post 434 for their monthly Burger Burn. On Feb 13 we attended Smoke Murphy's Memorial Poker Run at Post 149, new Post member, and prospective new rider, Casey Borst rode with us. Feb 20 was our last ALR Area 5 Presidents meeting before Convention. It was held at Post 149 with lunch being served after the meeting. At our meeting on Feb 27 we presented a \$1000 check to Wounded Warrior Homes and a \$200 check to Legion of the Silver Rose.

We have donated \$1000 to Homes for Our Troops and \$250 to the Camp Pendleton YMCA to help service men get home for the Holidays. We will discuss making donations to Toys 4 Tots and Shelter to Soldier at our meeting on the Feb 27th.

Our ALR State Convention is on April 22-24 and will be in San Luis Obispo, CA.

On July 2-3 the San Diego Bike Fest has invited all Area 5 ALR's to set up a booth for a membership drive.

Our March meeting will be on the 26th at the VANC building at 0900.

Respectfully submitted, Kenneth Derr, President, ALR 146

Recycle

Please note that in addition to bottles, cans, Copper, Brass and aluminum. "The Post is now accepting used printer and toner cartridges, also used cell phones. These are used to get store credits to help defray the cost of the Post 146 office supplies. You can bring them to the monthly meeting or contact Edd at 760-754-9633 or 760-433-1165 to arrange for a pickup."

David Kauppinen, Post 146 Webmaster

American Legion Auxiliary Unit 146 Officers 2015-2016

President:	Mary Thorsten	auxiliary@legionpost146.org	760-421-1512
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Marshall:	Aleta Whitehead		
Exe Committee:	Dodie Leaf		
	Roberta Mattice:	buggs417@aol.com	760-645-2050

Greeting from the Auxiliary at Unit 146.....

February had the Auxiliary busy in many projects, Girls State Delegates have been picked, President Rulers and You're a HERO 2 Stickers were given to students at our BASE Schools. We had Lunch at the Fischer House with the Ambassadors from the Fisher House. VA Bingo on Legion Day and BUNCO we just a few of the activities at Unit 146 for February.

We met Patricia Graziano a Family Readiness Officer at Del Mar were we hope to learn more on how we can be of help to her Veterans and their families.

Membership is now DUE! Please mail your \$25.00 Checks to PO Box 2877 Oceanside, CA 92051. We are just shy of GOAL...we can do it with your help.

We will be throwing a Birthday Party on March 21 for our very own POST! \$10.00 a ticket includes Dinner and 2 drink tickets.

April is Relay for Life. Our TEAM NAME is ALA 146 Warriors; go to our webpage to sign up or to Donate to FIGHT CANCER

https://secure.acsevents.org/site/SPageServer?pagename=RFL_CY16_participant_center&pc2_page=center&fr_id=74157#pc2=report-team

Volunteers are the only human beings on the face of the earth who reflect this nation's compassion, unselfish caring, patience, and just plain loving one another. ~Erma Bombeck

Mary Thorsten President



Warriors

Hi, we're ALA 146 Warriors

Event: [Relay For Life of Oceanside](#) on Saturday, April 16 & 17th, 2016

39%

Support ALA 146 Warriors,

http://main.acsevents.org/site/TR/?jsessionid=855E911FFB8C72907D1E8D7B7072373E.app307a?team_id=1961309&pg=team&fr_id=74157 please sign up to walk at this link.

Dear friends and family,

This is it, your chance to help make a difference in the fight against cancer. We can and will see a change in our lifetime because we will not give up. I have always worked to make a difference, then cancer made it personal. It has touched my family and too many friends.

I just received this challenge so I am passing it on.

Please consider joining our team, "ALA 146 Warriors" for the Oceanside Relay for Life on April 16 at Mira Costa College.

If you can't make the walk you can still join our team and show your support.

I am forwarding the information if you would like to join or support me with a donation.

Remember any donation and your support is important.

"One person can make a difference and everyone should try". JFK

Kimba Crone, 60-415-8126, ALA 146 Warriors, Team Captain Oceanside Relay for Life

Computer Corner:

When setting up an on-line account for banking, investment, or any other reason, we are advised to use at least 8 characters with a mixture of numbers, upper and lower case letters, and symbols. Actually a password with 12 characters is recommended, because it would take too long to hack with brute force. To give an example, the password "smith59" would take only 19 seconds to hack. Conversely, the password "Mary had 1 little lamb!" would take over a million years. In addition, we should not use the same password for multiple accounts for obvious reasons. I maintain a password sheet which I print out occasionally to keep track, and the associated electronic file is kept on an external harddrive. To test the passwords I use on my Windows computer, I downloaded a free highly rated Password Checker App to my Android phone from the google Play Store. This app does not communicate with the internet, because it is designed to run only locally on the phone. It displays the results from **very weak to strong** and has a password guidance section titled "Hints". The Apple Store has similar Apps for iPhones and iPads. Questions may be sent to me at webmaster@legionpost146.org.

Webmaster, David Kauppinen

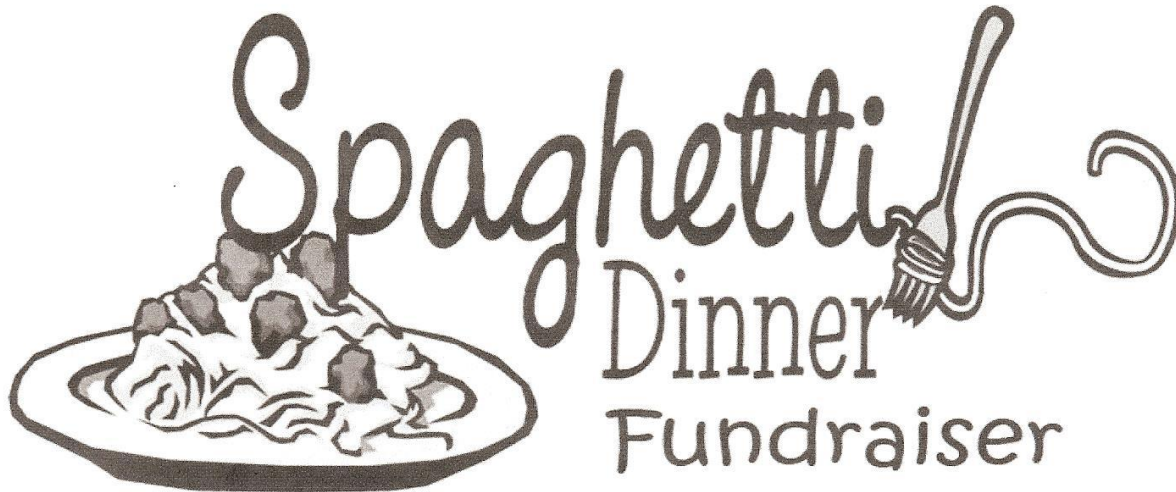
Assemblyman Mathis honors female veterans by naming a week in March "Women Military History Week"

Sacramento -- Assemblyman Devon Mathis (R-Visalia) introduced Assembly Concurrent Resolution 108, which honors women warriors by naming the week of March 21 to March 27, 2016 "Women's Military History Week" in California.

The resolution was adopted unanimously by the Assembly on Jan. 19, 2016.

"Today we honor the day that women were granted the right to stand shoulder to shoulder with men in protecting and defending our great nation," Mathis said. "Approximately 300,000 women in uniform have served in the wars in Iraq and Afghanistan – earning more than 10,000 combat action badges and Bronze Stars, and at least 12 Bronze Stars with Valor."

In attendance on the Assembly floor with Mathis was Army Col. Laura Yeager, California Army National Guard Staff Sgt. Rebecca Love, California Air National Guard Tech. Sgt. Angela Cobra, and California Army National Guard Chaplin Capt. Dana Durham.



Saturday March 19, 2016

Doors open at 5:00 p.m.

Serving to start at 5:30 p.m.

\$10.00 per plate

Spaghetti - Meat Sauce - Garlic Bread - Salad

Two (yes 2) drink coupons (beer and/or wine)

Come and celebrate the Birthday of the
American Legion

Sponsored by the *American Legion Auxiliary Post # 146*

Gift Basket Raffle

50 - 50

Birthday Cupcakes

PRE-PURCHASE TICKETS by contacting: Mary Thorsten 760-421-1512 email: 73andsunny@cox.net