

# “Sound Off”

The Family Newsletter for  
American Legion Post 146  
1617 Mission Ave  
Oceanside, CA 92058-2734  
Phone 760-754-9633  
FAX 760-433-1046  
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Website: [www.legionpost146.org](http://www.legionpost146.org)

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”For God and Country”

**Next meeting:** 0900 (9am) **January 21, 2017.** Come Early for Breakfast put on by the Post from 730am to 845am, \$8. **Post Pot:** The name drawn for November was **Thomas A. Reising.** **Thomas** was not at the meeting to win the **\$60.** Post Pot for January will be **\$70.** **You must be present to claim your prize.**

Here we are in a new Calendar year. Please look at your membership card if it does not say 2017 your membership has expired. Not to worry send in your check today or **renew on-line** at: <http://www.legion.org/renew>

**Happy Birthday to our Brothers and Sisters who were born in the month of January.**

- |                      |                        |                       |                       |
|----------------------|------------------------|-----------------------|-----------------------|
| 1 Steven A. Pierce   | 2 Ron Emerick          | 3 Nicholas Salerno    | 5 John C. Coddington  |
| 5 Ruben Isa Gastelum | 6 Ray Seibold          | 6 Douglas Gudgeon     | 7 Jack Duffie         |
| 9 Robert Brasher     | 10 Lorenzo C. Paringit | 11 Norman Everhart    | 12 Robert Taieno      |
| 13 David M. Brahms   | 15 Rick Lewis          | 15 Arsenio Onsurez    | 17 Joseph S. Hildreth |
| 18 Earl R. Frahm     | 18 Steven R. Medina    | 18 Darin S. Selnick   | 18 Floyd A. Gaskins   |
| 18 Arthur H. Greiser | 19 James Coleman       | 19 John Meyer         | 19 Mario D. Alamares  |
| 19 Kathy E. Hamman   | 22 Bill Holoway        | 22 Justin C. Swick    | 22 Harland P. Fazardo |
| 23 James L. Greer    | 23 Ronald Burton       | 24 Patrick D. Marier  | 25 Tommy N. Taylor    |
| 26 Brian R. Nielsen  | 27 Chilton A. Mahin    | 29 George D. Barrante |                       |

## American Legion Post 146 Officers

Commander	<b>Anthony (Tony) Azares</b>	760-212-8533	<a href="mailto:commander@legionpost146.org">commander@legionpost146.org</a>
1 <sup>st</sup> Vice Commander	<b>Dave A. Pines</b>	760-207-6794	<a href="mailto:davepines@mac.com">davepines@mac.com</a>
2 <sup>nd</sup> Vice Commander	<b>Ken Derr</b>	760-272-5941	<a href="mailto:capndirt1@cox.net">capndirt1@cox.net</a>
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Historian	Vacant		
3 Yr. Executive Committee	<b>Robert E. Noble</b>	760-806-4886	<a href="mailto:brbuds3@att.net">brbuds3@att.net</a>
2 Yr. Executive Committee	<b>Lee Brunson</b>	760-586-2897	<a href="mailto:leepaulabrunson@gmail.com">leepaulabrunson@gmail.com</a>
1 Yr. Executive Committee	<b>Felipe Rodriguez</b>	760-805-4428	<a href="mailto:saintjohn1513@yahoo.com">saintjohn1513@yahoo.com</a>
Jr. Past Commander	<b>Kevin Johnstone</b>	760-801-9000	<a href="mailto:kevinjohnstone@mac.com">kevinjohnstone@mac.com</a>
Webmaster	<b>David Kauppinen</b>	760-639-0728	<a href="mailto:subvet346@cox.net">subvet346@cox.net</a>
Harbor Days Chair	<b>Bianca Wylie</b>	703-507-3792	<a href="mailto:bianca.wylie@yahoo.com">bianca.wylie@yahoo.com</a>
Boys State/School Medals/JROTC/Blood Chair		760-721-56-21	<b>Frank Zugaj</b>

**Postal Compliance Notice:** “Sound Off!” Is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL’s VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the “Sound Off!” Editor at: 1617 Mission Ave.; Oceanside, CA 92058-2734 or [adjutant@legionpost146.org](mailto:adjutant@legionpost146.org). **Anyone wishing to add articles Please send in word format.**

### Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website [www.legionpost146.org](http://www.legionpost146.org). We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant [adjutant@legionpost146.org](mailto:adjutant@legionpost146.org) and tell him your E-mail address. The newsletter is also available at our Website [www.legionpost146.org](http://www.legionpost146.org). This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

### Meetings

**Post 146 meets every 3<sup>rd</sup> Saturday** of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. 92058-2734. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at [www.legionpost146.org](http://www.legionpost146.org). The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

**District 22 meets February 12<sup>th</sup> @ 0900 @ Linda Vista Post 731**, located @ 7245 Linda Vista Road, S.D.. Come early for Breakfast. **District 22**, <http://www.legionsd.org/>

**Get involved with Post 146 [www.legionpost146.org](http://www.legionpost146.org) We next meet on January 21<sup>st</sup>, 2016 @ 0900, breakfast starts at 745am for \$8. 1617 Mission Ave, Ocsd.**

## **Post Commander**

With the Holidays at a close, some thoughts come to me

Let us be a better human being, a better person and a better Legionnaire. New Year's is a time to better ourselves for a better world. Have a grand New Year!

We were dark for the month of December but our regular meeting will resume January 21<sup>st</sup> at 9AM, and don't forget to come early for a great Breakfast. We had a great success with Harbor Days this year and the money is going to help Veterans because that is what we do. Our biggest fundraiser is our membership and I must sadly say that I have had to sign 5 post everlastings in the last few months. I encourage all of you to bring a qualified veteran whether they be a neighbor friend of someone you meet on the street, bring them to our meeting and let us tell them about the American Legion and the good that we do.

I am still looking for ideas to have another fundraiser this year so that we can do more for our programs, if you have any suggestions please feel free to email or call me.

2017 is here, let's get involved and make this the best year our post has had yet.

**Tony Azares, Commander** 🇺🇸

## **SAL Squadron 146**

I hope everyone had a Merry Christmas and are well on their way to a happy new year.

I would like to introduce our new 2<sup>nd</sup> Vice Commander Sam Brookins. Sam is a member of the Post and Riders as well as other organizations outside the Legion family. Welcome aboard Sam, I look forward to working with you.

The Squadron participated in the Wreaths Across America at Miramar National Cemetery again this year. Over 6000 wreaths were placed this year. It was truly a humbling event.

The Squadron helped the Riders with their Toys for Tots event. Well done to Ken and Brenda and the rest of the Riders for supporting such a worthwhile project.

Since our last meeting, we have elected a new U S President. And by the time we meet again President-elect Trump will be inaugurated. Agree, disagree or don't care, the Democratic process that has made our country what it is has completed. Let's all pull together for OUR country, and the programs that support our Veterans, Youth and Community in the coming year.

As always, please keep the SAL's in mind when you are talking to your eligible relatives and friends. We have increased our Roster, but still need more members who can participate in activities supporting the Post, Veterans and our community.

**Yours in service, David Crone, Commander Squadron 146**

## Membership

Please look at your membership card if it does not say 2017 your membership has expired. Please send in your \$45 dues as soon as you can or renew on line today.

<http://www.legion.org/renew>

**Please note:** active duty or National Guard members, your dues are \$35 you must mail your check to the Post to get your discount. 1617 Mission Ave, Oceanside, CA 92058

## Flag Committee

Your Flag Committee still has a supply of the Flag Book-a-zine, "INDIVISIBLE" at a cost of \$7.95 each. It is a great gift for that grandchild you forgot on Christmas. It is inspiring, historical and contains all the important guidelines for flying the National Colors & more. Each sale produces \$2 for the Post General Fund.

## Bob Noble

### SAL Squadron 146 Officers

Commander	<b>David Crone</b> 760-415-8127	1975dckc@gmail.com
1 <sup>st</sup> Vice Commander	<b>Dave A. Pines</b> 760-207-6794	<a href="mailto:davepines@mac.com">davepines@mac.com</a>
Adjutant/Finance Officer	<b>Edd Robinson</b> 760-433-1165	adjutant@legionpost146.org
Sgt-at-Arms	<b>Ken Derr</b> 760-272-5941	capndirt1@cox.net

### Computer Corner:

Untrustworthy download sites are frequently the source of malware attacks. Recently, users who downloaded the "safe" virus protection program Microsoft Security Essentials from a non-Microsoft website received a fraudulent version which contained malware. This malware caused the "blue screen of death" (BSOD) and prompted the user to click on a link or call Microsoft for technical support to resolve it. In addition, it disabled the Task Manager and hid the Mouse Cursor so there was no way to clear the screen. Microsoft does have a BSOD alert that looks quite similar to the tech support scam. However, Microsoft states that any true messages from them will not include support contact information, nor will they ever request payment for providing technical support. The take away is make sure that download website is valid for the product you want and don't be quick to click the link or make the call.

**David Kauppinen, San Diego Base Webmaster 12/29/16**

## AMERICAN LEGION RIDERS, CHAPTER 146 Officers

President:	<b>Ken Derr</b>	760-272-5941	<a href="mailto:capndirt@cox.net">capndirt@cox.net</a>
Vice President:	<b>Dave Hamilton</b>	760-583-5312	<a href="mailto:Dhamilton9@cox.net">Dhamilton9@cox.net</a>
Secretary:	<b>Brenda Derr</b>	619-322-5875	<a href="mailto:bgallo@cox.net">bgallo@cox.net</a>
Treasurer:	<b>Raymond Arnold</b>	760-433-5576	<a href="mailto:Raymondarnold@yahoo.com">Raymondarnold@yahoo.com</a>
Chaplain:	<b>Dan Rose</b>		<a href="mailto:drose1243@yahoo.com">drose1243@yahoo.com</a>
Sgt at Arms:	<b>Chuck Potter</b>	760-414-6650	<a href="mailto:cpotterpi@cox.net">cpotterpi@cox.net</a>
Historian:	Vacant		
Road Captain:	<b>James Lansberry</b>	760-445-0713	<a href="mailto:seljelcal@sbcglobal.net">seljelcal@sbcglobal.net</a>

**Happy New Year**, 2016 is gone and the Riders had a pretty busy December.

Nov 26 was our last meeting of the year.

Dec 4 the Riders rode up to Post Los Alamitos to support their Toys4Tots breakfast.

Dec 17 the Riders rode to Miramar National Cemetery for the annual Wreaths Across America.

Dec 17 the Riders welcomed the Ladies, the Sons and the Post to our pot luck Christmas Party and White Elephant gift exchange. All that attended had a great time.

January will start out busy with the ALR Area 5 Presidents meeting and ALR Southern Rally the weekend of Jan 20, 21, 22.

The Riders first meeting of the year will be Jan 28.

**Respectfully submitted, Kenneth Derr, President ALR 146**

## **American Legion Auxiliary Unit 146**



### **Auxiliary**

As we start the 2017 a little reflection on 2016. Your Unit 146 was very busy serving our Veterans and their families....Volunteering at the VA Clinic in Oceanside, Walking for Relay for Life along with other fundraising events for CANCER, Decorating the Camp Pendleton Fisher House for the Holidays and the Patio, passing out backpacks to students, standing on corners collecting donations for Ronald McDonald Houses, cooking for the Wounded Warriors and baking for the Fisher House, Gift bags for our own Oceanside Police Department, a record year for Wreaths Across America, we sewed and donated 50 pillow cases for the VA Hospital Hospices Ward in La Jolla, had a successful Golf Tournament for the Girls State Program , 100 Christmas bell pulls at the schools and it just keeps going with so many things our ladies do that I don't know about. WOW it always amazes me how a small group of ladies can get so much done for our Veterans and Community.

I want to remind all that MEMBERSHIP is DUE: \$25.00 for seniors and \$5.00 for juniors. If you haven't paid yet please send it in to: ALA 146, P O BOX 2877, Oceanside, CA 92051, ATTN: Melissa

I look forward to seeing you at the next general meeting on January 21<sup>st</sup> at 9:00 at the VANC building. Bring a Friend and don't forget Breakfast will be service before the meeting.

*“Always bear in mind that your own resolution to succeed is more important than any other”  
Abraham Lincoln*

Proud to be a MEMBER of the **AMERICAN LEGION AUXILIARY**

**Mary Thorsten, President Unit 146**



# Holiday Food Distribution

**What:** Free food distribution

**Who:** Open to all Active Duty, Veterans, Guard, reservist and their families

**When:** January 14, 2017: 10am-1pm

**Where:** 9465 Farnham Street SD CA 92123/ Courage to Call

**RSVP:** [CouragetoCall@mhsinc.org](mailto:CouragetoCall@mhsinc.org)

Hosted by Courage to Call ([courage2call.org](http://courage2call.org)) in partnership with Feeding America.

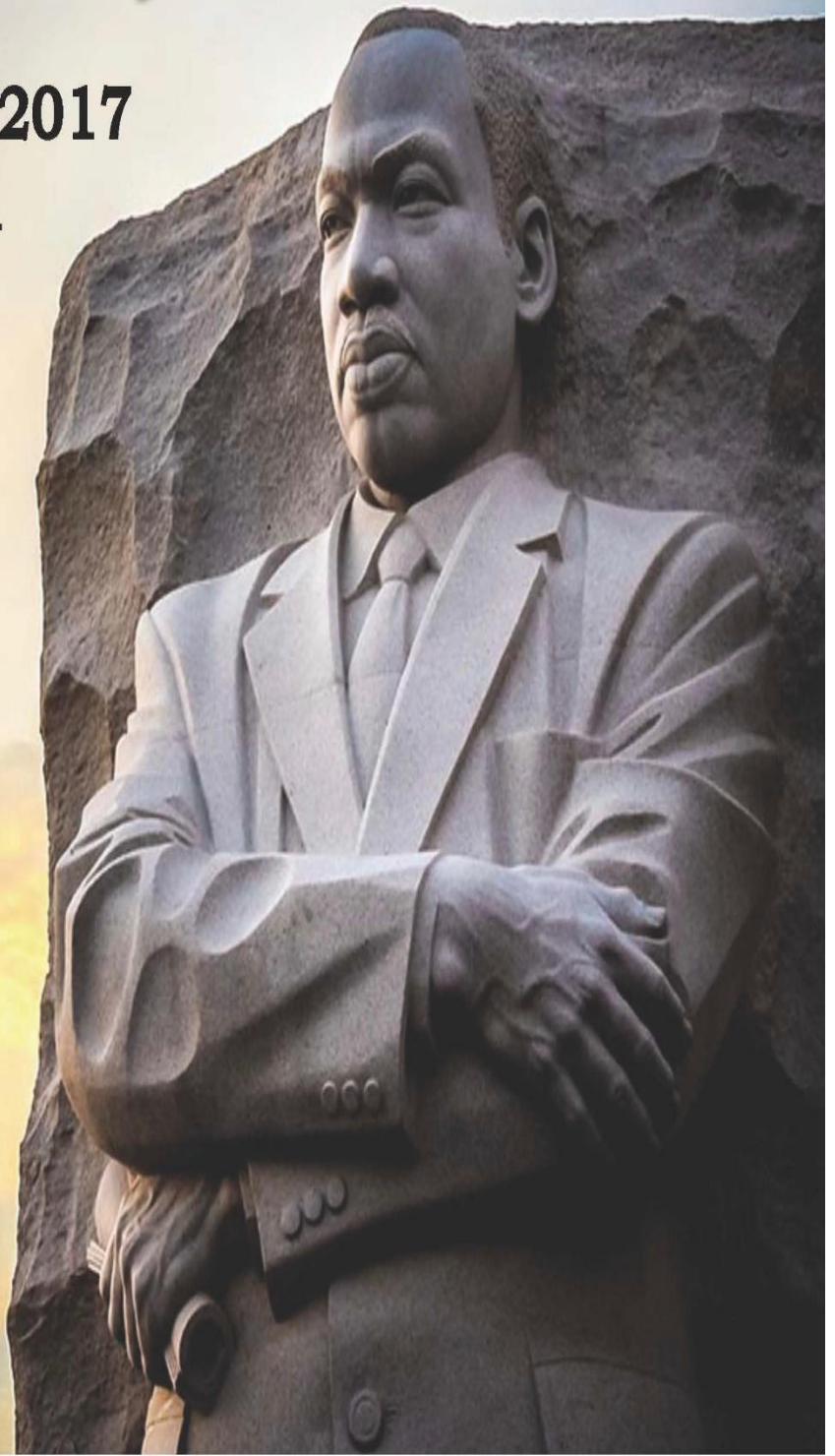


**COURAGE**  
*~ To Call ~*

# 37th Annual Martin Luther King Jr. Parade & Day of Service

**Sunday, 15 January 2017  
2:00 to 4:00 pm**

**All Post, Auxiliary, Sons,  
Riders and Garage Crew  
members  
are encouraged to stage at  
1:00 pm in the County  
Administration Building  
parking lot downtown  
(1600 Pacific Coast Highway)**







*Presents our*  
**1<sup>st</sup> Annual Veterans Stand Down**

**January 27-29, 2017**

**Green Oak Ranch, Vista**

***For North County's***

**Homeless Veterans, Veterans in Need,  
& their immediate family members**

***SERVICES PROVIDED:***

- Showers & Haircuts
- Clothing & Hygiene Kits
- Housing & Hot Meals
- Medical & Dental Exams
- Benefits Counseling
- Mental Health Counseling
- Housing Assistance
- Legal Assistance

**To Volunteer or Donate, please contact us at:**

**<http://ncstanddown.org>**

**NCSDVSD is a 501(c)(3) non-profit organization.**

**EIN 81-2357784**

# **SUPER BOWL 51**

Watch it LIVE on February 5 at

**Veterans Association of North County**

**Watch Super Bowl 51 on the VANC Big Screen  
Seating & Food starts at 2:30pm --- Kickoff is at 3:30pm  
Hamburgers / HotDogs / Chili / Beer / Soda / Water**

**Veterans Association of  
North County (VANC)**

**1617 Mission Avenue**

**Oceanside, CA**

**760 - 722 - 1277**

**Don't miss your  
chance to watch  
this game on our  
Big Screen!**

