

“Sound Off”

The Family Newsletter for
American Legion Post 146
1617 Mission Ave
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Phone 760-754-9633
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Website: www.legionpost146.org

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”For God and Country”



Next meeting: 0900 (9am) January 16th, 2016

Post Pot: The name drawn for December was

Malvin J. Parr. Malvin was not at the meeting to win the \$10. Post Pot for January will be \$20.

You must be present to win.

“Happy New Year to you all”

Happy Birthday to our Brothers and Sisters who were born this month.

January Birthdays

1 Steven A. Pierce	2 William P. Cline	2 Ron Emerick	2 Robert Hermocillo
3 Nicholas Salerno	3 Roger D. Criswell	4 James G. Rogers	5 John Coddington
5 Ruben Isa Gastelum	6 Ray Seibold	6 Douglas Gudgeon	7 Jack Duffie
7 Jack R. Key	7 Ronald Oblenes	8 Kenneth L. Schell	9 Robert Brasher
10 Lillian Hagener	10 Lorenzo C. Paringit	11 Norman Everhart	12 Robert P. Cook
12 Robert Taieno	12 John D. Ernst	12 Preston Howell	13 Ralph M. Swanson
13 David M. Brahms	14 Thomas H. Lockridge	15 Rick Lewis	15 Arsenio Onsurez
17 Earl Shackelford	17 Joseph S. Hildreth	17 Willie R. Murphy	17 Manuel Dominguez
18 Earl R. Frahm	18 Steven R. Medina	18 Darin S. Selnick	18 Floyd A. Gaskins
19 James Coleman	19 John Meyer	19 Mario D. Alamares	19 Kathy E. Hamman
22 Bill Holoway	22 Justin C. Swick	22 Harland P. Fazardo	23 Ildefonso (Al) Lorio Sr.
23 James L. Greer	23 Ronald Burton	24 Glenn D. Faulks	24 Patrick D. Marier
25 Tommy N. Taylor	25 James E. Pierce	26 Brian R. Nielsen	26 Robert J. Olchawa
27 Chilton A. Mahin	29 George D. Barrante	29 Harold C. Fields	31 Michael B. Seger

American Legion Post 146 Officers

Commander	Kevin Johnstone	760-801-9000	kevinjohnstone@mac.com
1 st Vice Commander	Carl Asher	760-722-6768	carlasher@cox.net
2 nd Vice Commander	Brian Nielsen	760-505-1168	brianbrnielsen@gmail.com
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Historian	Vacant		
3 Yr. Executive Committee	Jack W. Moreno	760-855-7996	Amlegpost146info@aol.com
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1 Yr. Executive Committee	Ken Derr	760-272-5941	capndirt1@cox.net

Postal Compliance Notice: “Sound Off!” is published monthly. It is the official newsletter of American Legion Post 146 Family, an incorporated nonprofit organization. Issue number & date are on the front page. Distribution is to the members of the Post, Riders, Auxiliary & SAL’s VIA e-mail or on the Web Site. Direct all inquiries concerning this publication to the “Sound Off!” Editor at: 1617 Mission AVE.; Oceanside, CA 92058-2734 or robinson68@cox.net. Anyone wishing to add articles to Sound Off! Will need to have them in to the editor no later than 6pm on the 3rd Sunday of the month, for the following month’s edition, in word format Please.

Sound Off Via E-Mail or Website

This newsletter is available Via E-Mail or on our Website www.legionpost146.org. We will be E-mailing it to any member who wishes to receive it. If you wish to receive Sound Off via E-mail call the post or better yet E-mail the adjutant robinson68@cox.net and tell him your E-mail address. The newsletter is also available at our Website www.legionpost146.org. This service will be FREE to all Post Members who wish to use it. Snail Mail is still available. You need to notify the Adjutant to add you to the list.

Meetings

Post 146 meets every 3rd Saturday of the month in our new home in the VANC building, 1617 Mission Ave. Oceanside, CA. Meetings start at 0900. Please park in the back of the building. For Post 146 information go to our Web page at www.legionpost146.org. The Post 146 phone number is (760) 754-9633, FAX (760) 433-1046. Volunteers needed to transport members who cannot drive to meetings.

District 22 meets 0900 @ Linda Vista Post 731, February 14, 2016 Come early for Breakfast. Get involved with Post 146 www.legionpost146.org & District 22, <http://www.legionsd.org/>

From your Commander



Comrades,

As we ring in the New Year it is natural to look back at the year behind us. We, as a Post, have accomplished a great deal in 2015. We produced the highest acclaimed Law & Order Awards in the State, we were recognized for our support of the Oratorical Contest and Boys State Program. Our Auxiliary is constantly recognized for their support of programs that benefit veterans and the community and our Legion Riders produced one of the most successful Toys for Tots events in the county. And we have just received our charter for our own Son's of the American Legion Squadron. To cap off the year we had an amazing dinner honoring The National Commander. 2015 was a very successful year for Post 146.

Now we look forward to 2016 with great anticipation. We will continue to produce and improve upon all of the programs listed above. We will begin serving a breakfast before each monthly post meeting, the test run at our December meeting was outstanding with incredible food in abundance! January 31st is the District Oratorical Contest. February 13th is our Bingo event at the VA Hospital and on February 27th we will be having a New Member Initiation and Current Member Recognition dinner. March 24th is the Law & Order Banquet. All significant events and all in the first 3 months, with many more events in the months to come.

To produce successful events that will flourish and grow will take the support of the membership. We must each do our part! We ask that each member volunteer to work at least one event and show further support by attending all of the events. Additionally, we need all members to recruit at least one member that will bring new energy to Post 146. We all know someone who qualifies to join and is looking for a way to give back by serving Veterans. Please ask them to join and put an application in their hands. The future of the post rests with each one of us.

Let's have a Happy and Successful New Year!

Kevin Johnstone
Commander - Post 146
commander@legionpost146.org

2nd Vice Commander

Our Post is only as strong as our volunteers! As we welcome in a New Year, we are looking for Post Members who want to get involved and make a difference! If you are interested in serving on the Ways & Means Committee, or volunteering to help out in the kitchen, contact Brian at brianbrnielsen@gmail.com. We will be meeting in the new year to discuss upcoming events to help socialize, fundraise, and move forward in 2016.

We are now serving breakfast before our meetings on the third Saturday of the month. **Breakfast served 7:30 a.m. – 9:00.** Come early and grab some breakfast before the meeting! **\$8.00 breakfast!**

2nd Vice Commander Brian Nielsen

1st Vice Commander

As a post we are ahead of the power curve with 425 members transmitted representing 81%+. Below are our “Milestones” as I prefer to call them which lead to our post goal of 100% or 523 members. How about an “over the top” with 525 members?

Jan-Jul 2016 goals:

MID-WINTER	JANUARY 20, 2016	80%	✓
PRESIDENT’S DAY	*FEBRUARY 10, 2016	85%	
LEGION BIRTHDAY	MARCH 9, 2016	90%	
CHILDREN & YOUTH	*APRIL 13, 2016	95%	
ARMED FORCES DAY	MAY 11, 2016	100%	523
DELEGATE STRENGTH	JULY 23, 2015 [Over the top]	100.3%+	525

There are awards you can receive for recruiting new members into the American Legion:

*National Commanders Pin: To qualify you must recruit (5) new members into the American Legion.

*National Commanders Coin: To qualify you must recruit (5) new members into the American Legion.



The Gold Brigade Award

A Legionnaire who recruits (50) or more new members into The American Legion by the May target date will qualify for enrollment in the elite Gold Brigade of The American Legion.



The Silver Brigade Award

A Legionnaire who recruits (25-49) new members into The American Legion by the May target date will qualify for enrollment in the elite Silver Brigade of The American Legion.

(Note: A new member is a qualifying veteran who was not a member in 2015)

Keep a record of those you recruit, F/L names; contact the Post Adjutant for more specific rules and qualifications on all awards. Or visit the National website: <http://www.legion.org/recruiting/forms>

Happy and successful New Year

Yours in Service to God and Country; Carl Asher, 1st Vice Commander

Sons of The American Legion.

Things just get better and better. We have new members and we are doing our first project. SAL is going to put on a breakfast at our next general meeting. I encourage each and every one of you to get a great breakfast for \$8.00. The hours will be from 0730 to 0900 when the general meeting starts. For those of you that went to the last general meeting breakfast, spread the word how wonderful it was.

We are starting to put our program together. We now have the Squadron Post 146 flag and covers are starting to arrive. It takes a month because they are made special and ordered one at a time.

I hope everyone had a happy and fruitful holiday. One thing about SAL is we have youth and this time of the year has great meaning to them. In my case and many of the legion members the thrill of the holiday is watching the excitement of grandchildren on Christmas day.

See you next year, when I will have a lot more to talk about.

Dave Pines, Commander SOL Squadron 146

AMERICAN LEGION RIDERS CHAPTER 146 Officers

President: Ken Derr

Secretary: Brenda Derr

Sgt at Arms: Chuck Potter

Chaplain: "Pastor" Bob Wilson

Vice President: Ken Gardiner

Treasurer: Raymond Arnold

Ride Coordinator: James Lansberry

Historian: Vacant

Dec 6 the Riders rode up to Los Alamitos Post 716 for their Toys4Tots Breakfast. After breakfast we rode over to Post 79 in Riverside for their ALR Toys4Tots ride. It was a long day but a beautiful day for a ride, just over 200 miles.

Dec 9 the Riders donated \$250.00 to the Camp Pendleton YMCA for the Home for the Troops Program. This program assists our service men and women get home for the holidays.

Dec 14 the Riders rode to Miramar National Cemetery for the Annual Wreaths Across America

Dec 18 the Riders and Auxiliary had a Christmas Party at Rancho San Luis Rey Mobile Home Park. We had a pot luck dinner and a White Elephant gift exchange. There was lots of great food and camaraderie.

Dec 20 the Riders supported Brother Benno's Big Cover Up at Kennedys Custom Cycles

Dec 26 the Riders escorted the widow and body of MCPO Del Moral from Merrill Gardens assisted living facility in Oceanside to Our Mother of Confidence Catholic Church in San Diego. Master Chief Petty Officer Del Moral was a 35 year Navy veteran from WWII, Korean and 3 tours in Viet Nam. MCPO Moral was one of our guest at our Toys4Tots event this year.

Dec 29 Internment of MCPO Del Moral at Miramar National Cemetery in San Diego at 1000.
Our next meeting will be Jan 23 at the VANC Building at 0900.

Respectfully submitted, Kenneth Derr, President, ALR 146

American Legion Auxiliary Unit 146 Officers 2015-2016

President:	Mary Thorsten	73andsunny@cox.net	760-421-1512
1 st Vice:	Tammy Nielsen	tsn1962@sbcglobal.net	760-505-2873
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Chaplain:	Marvel Simmons	simmons_t2m@hotmail.com	507-402-0687
Historian:	Nancy Andersen	nma49@cox.net	760-757-1143
Sgt at Arms:	Ann Hall	annah5353@yahoo.com	760-295-1775
Marshall:	Aleta Whitehead		
Exe Committee:	Dodie Leaf		
	Roberta Mattice:	buggs417@aol.com	760-645-2050

American Legion Auxiliary Unit 146 Oceanside

And a Healthy New Year to All! As I reflect on the Auxiliary's past year, I am overwhelmed with the generosity of our Members. Our ALA ladies have been very busy covering many, many miles. Included in our activities during the last six months are: Provided Breakfast to 100 Veteran Woman at the VA Clinic; working the Wreaths Across America Program; Volunteered weekly at the VA Clinic; Visited the Naval Hospital for a little good cheer; attended 9/11 ceremonies in New York and El Camino High School in Oceanside. Many hours were involved in the planning and the execution for Tots 4 Tots; 50 + hours dedicated to the VA Summer Sports Clinic, Boys and Girls Club, North Terrace & Santa Margarita Elementary Schools. The ALA continued to support Operation America Cares which sends Love Boxes every month to the Troops deployed overseas; Cleaned Barracks for the troops coming home; provided rainwear and other supplies for Operation Hope in Vista and let's not forget weekly visits to the Fisher House aboard Camp Pendleton with homemade cookies and decorating for the holidays. These are just a few things that come to mind. It is no wonder Oceanside Unit 146 is growing. Speaking of Membership, National did not send out reminder notices in September. So ladies, your AUXILIARY DUES are DUE now. Please mail your checks for \$25.00 Adults, \$5.00 Juniors to ALA 146 P O Box 2877 Oceanside, CA 92057 and Melissa will get them processed and mail you your 2016 Membership Card. Those Female Veterans that signed up last year for FREE....we need your \$25.00 this year to help us continue working our programs. Coming up is BINGO at the VA Hospital on Legion Day, Girls State Program, Pocket Flags, President Rulers, Easter Giving, Poppies; it's never a dull moment around Oceanside.

Mary Thorsten President
*The success of a project is best predicted
by the enthusiasm of its participants.*
- Jonathan Lockwood Huie

Computer Corner

“Between 2011 and 2014, electric utilities reported 362 physical and cyberattacks that caused outages or other power disturbances to the U.S. Department of Energy. Of those, 14 were cyberattacks and the rest were physical in nature” (USA Today 3/24/15). Today the overwhelming majority of financial account records are electronic; businesses constantly ask clients to opt-out of paper records. The servers where those records are kept are operated by electricity with back-up power and cyber security protection. What happens if those servers are damaged or not accessible? You may want to print your important account statements every few months as hard evidence to protect against the worst case scenario. Depending on what caused the server loss, you may have much larger problems like surviving. Have you ever heard of the “Carrington Event”? Check out this link: <http://securethegrid.com/the-basics-of-grid-security>

David Kauppinen, Post 146 Webmaster



Picture of The American Legion Southern California Commanders and Officers that graduate from (LEAD) Leadership and Development Course - Train the Trainers, taught by National Commanders Training Team on December 12-13, Oceanside Post 146 Public Relations Chairman and Comrade Tony Azares are among the leaders of Area 5.

Good-bye 2015 Hello 2016

Start the New Year with
Good food & Great friends!

"THE AFTER PARTY"

*Eggs, Bacon, Sausage, Pancakes
Coffee, Water, Soda, Cash Bar*

Saturday, January 2, 2016 --- 7am to noon
VANC, 1617 Mission Ave, Oceanside

Breakfast - \$5 Alcohol - \$3/ea
Breakfast tickets on sale December 1, 2015



760 - 722 - 1277



BOOTS ON DECK MEMBERSHIP DRIVE



22nd District Golden Boot Award

"Presented to the the Post recruiting the most
new members and/or Post 1000/DMS transfers"

(Your Post's Name Here)

The Post with the highest number of new members and/or Post 1000/DMS transfers by Armed Forces Day 2016 will win this cherished Golden Boot Award, a \$400.00 check, and be featured in the Veterans Day edition of the Legionnaire.

Runner up will receive a check for \$200.00